

Gael Athletics



@CHCIsports



chcisports on



Website: <http://chc.wrdsb.ca/athletics>

2017-18 Practices and Tryouts for Fall Sports for the first two weeks of school are:

MAJOR SPORTS	WEEK ONE Practices/Tryouts	Coaches & details
Jr. Girls Basketball	Wed. Sept. 6 Lunch Meeting A107 Thurs. Sept. 7 2:40 - 4:10 in the gym	Ms. Brown, Mrs. Mintz
Sr. Girls Basketball	Tues. Sept. 5 2:40 - 4:10 pm, Wed. Sept. 7 2:40 - 4:10 pm, Thurs. Sept. 8 2:40 - 4:10 Fri. Sept. 9 Possibly 2:40 - 4:15	Mrs. Gamsby, Mr. O'Reilly
Jr. Boys Volleyball	Tues. Sept. 5 3:45 - 5:45 pm Wed. Sept. 6 3:45-5:45 pm, Thurs. Sept. 7 2:30 - 4:10 pm	Mr. Weber Bring knee pads if you have them
Sr. Boys Volleyball	TUESDAY Sept. 5th 2:40 - 4:10 Wed. Sept.6 2:40 - 4:10 Thurs. Sept. 7 4:10 - 5:45	Mr. Leung, Ms Trainor Bring a water bottle.
Jr. Football	BEGINS TUESDAY SEPT. 5 Meet on the field Daily 2:40 - 5:30 Bring football cleats if you have them. Wear athletic clothes until you are fitted for equipment.	Mr. Forte, Mr. Bridge, Mr. Thompson, Mr. Bell,
Sr. Football		
Jr. Boys Soccer	Daily 2:50 - 5 Back Field Starts Wed. Sept. 6	Mr. Iorgulescu, Mr. Fallaise
Girls Field Hockey Gr 9, 10, 11, 12	Tues. Sept. 5th 2:40 Returning player tryouts WED. SEPT. 6th Tryouts for all female athletes. Daily 2:40 - 4:30 Meet outside the girls change room. Then go to back field.	Mrs. Crockett, Bring a mouth guard & shin guards if you have them.
Cross Country	1 st Meeting: Wed. Sept. 6 A107/9 Practice daily after meeting in A107, 2:45 - 4:30 (Gr9=Midget, Gr10=Jr, Gr11&12= Sr) XC Meets are on Thursdays or Fridays	Mrs. Quinney, Mr. Kemp, Ms Knowlton, Ms. Smith

Minor Sports (Can play one along with a major sport - speak to coaches)	
Golf	Mr Van Horne
Sr. Tennis	Wed. Sept. 6, Thurs. Sept. 7Daily, ? Friday?- Meet at the courts at 2:30 Mr. Herlick, Mr. Ruhnke,

Week TWO in the Gym - Field sports are the same as above.

Jr. Girls BB	Mon. 2:40 - 4:20, Tues. 2:40 - 4:10 Wed. 4:10 - 5:45, Thurs. 4:10 - 5:45 Games are Tues 3:15 - 4:45, Thurs 4:45 - 6:15
Sr. Girls BB	Mon. 4:00, Tues. 4:00 - 5:45, Wed. 2:40 - 4:10, Thurs. 2:40 - 4:10, Fri. 2:40 - 4:15 Games are Tues 4:45 - 6:15 and, Thurs 3:15 - 4:45 pm
Jr. Boys VB	Mon. 2:40 - 4:10, Tues. 4:10 - 5:45 pm, Wed. 4:10 - 5:45pm, Thurs. 2:40 - 4:10 pm., Games 3:15 on Tues and Thurs.
Sr. Boys VB	Mon. 6:45 AM, Tue. 2:40 - 4:10 pm, Wed. 2:40 - 4:10, Thurs. 4:10 - 5:45 pm. Games 3:15 pm on Tues and Thurs.

Fitness Membership	On Blitz Day Sept. 15 th \$30	After Blitz day \$35 for the year
Open to members: Daily during lunch and after school until 4:00.		
Winter Sports: Start Nov. 1 or 8	Swim Team(Nov. 1), Jr. & Sr. Boys Basketball(Nov. 1), Jr. & Sr. Girls Volleyball (Nov. 8), Wrestling(Nov. 1), Boys Hockey & Girls Hockey (Nov. 1), Nordic Skiing (Nov/Dec.start), Badminton (Feb)	
Spring Sports March	Badminton, Track & Field, Girls Soccer, Sr. Boys Soccer, Girls Rugby, Jr. Boys Rugby, Sr. Boys Rugby, Junior Tennis	