



Attendance Line: 519-570-8069 Ext. 3180

April 2017

From the Principal's Printer

Happy April,

It is hard to believe that April has already arrived; the great thing is that it seems like the nice weather might actually be here! We are all ready for some warm Spring weather and fresh air! I hope everyone had a nice and relaxing March Break with family and friends. It seems once we return from March Break, the year flies by. Be sure to slow down and enjoy Spring!

Lots has been happening here at Coronation over the past few months. Students have been participating in a variety of activities including Hockey Club, Chess Club, Lego Club, Dance Club, Pals, Eco Club, buddies and more. Thanks to many of the staff for offering these great extra-curricular activities!

There are a few things coming up in April. First off, Monday, April 3rd is Autism Awareness Day; please wear blue to support autism. Thursday, April 6th is Math Night from 5:30-7:00, we hope to see lots of families out! There will be games to play and prizes to win! See you then! Back by popular demand, Little Caesar's Pizza kits are for sale. Thanks to parents on School Council for putting this on. It is not meant to be a large fundraiser, so there are no prizes; it is being offered because many people asked for it to come back.

Spring Photo Day is April 21, you can also get sibling photos done this time! Watch for a flyer to come home for Spring Photos.

Our Welcome to Kindergarten night will be taking place May 17th. If you know anyone who has not yet registered their child for Kindergarten but plans to come in September, please have them come in to register.

School Council is gearing up for Fun Fair in June, please let us know if you are interested in helping out with Fun Fair!

What is Happening & Dates to Remember

April 6 & 20	Pizza Days
April 13 & 27	Sub days
April 6	Math Night 5:30-7
April 7	P.D. Day
April 12	School Council
April 14	Good Friday
April 17	Easter Monday
April 20	Little Caesar's Orders Due
April 21	Spring Photo Day
April 25	Hot dog Day
April 27	Spirit Day-Diversity

Dog lovers know that a nice walk on a beautiful day is very enjoyable with their pets. Our staff love animals; however, we also have a responsibility to our students and recognize that accidents can happen. There have been some instances in Waterloo Region in which children have been hurt by animals. Therefore, please do not bring your pet onto school property during school hours. Thank you for "Stooping and Scooping". Continuing this practice will ensure that our playground is clean and safe. We thank you very much for cooperation in making our school a safe one for all students.



WOW PeanutButter Substitute

A new substitute peanut butter product is being marketed to consumers as a safe alternative for children to bring to schools in place of peanut butter. The Waterloo Region District School Board asks that parents refrain from including these kinds of products in your child's lunches or snacks.



These products tend to look, taste, and smell very much like peanut butter. While the product is nut free, it mimics a known allergen that causes anaphylaxis in some children to the degree that it is indistinguishable from the allergen. It is a convincing substitute, opening up the possibility that it can be confused as peanut butter, or worse yet, peanut butter could be confused as this soy-based product.

The safety and health of our students is our first priority, which is why our schools have procedures in place to minimize risk of anaphylaxis reactions in our students. We sincerely appreciate your cooperation in avoiding the use of these products to assist in our continued efforts to create a safe, caring and inclusive learning environment for all students.

CAA Cycling Safety

Cycling is a fun and an inexpensive way to get around. It's a form of transportation that's good for your health, and good for the environment. Cyclists have to share the road with cars, pedestrians and other cyclists.

The following summary and lesson plan has information on bicycle equipment, riding tips, and the rules of the road to stay safe while cycling.

Bike Fit and Road Ready

Ride a bike that fits. A bike that is too big or too small can't be controlled properly and can be dangerous for the cyclist and those around them. Ride a bike that is legal. There is equipment that needs to be on your bike to be legally ready to ride. Make sure you know what is needed and where it goes.

Equipment

Helmets

An approved bicycle helmet can greatly reduce the risk of permanent injury or death in the event of a fall or collision. A helmet works by absorbing the forces of a crash, so if the helmet has been in a collision, it should be replaced even if there is no visible damage. The best helmet is one that fits properly, is worn correctly and has been manufactured to meet strict safety standards. Look for a safety standards sticker meeting the approval of safety organizations such as the Canadian Standards Association (CSA), Snell, ANSI, ASTM, BSI, CPSC and SAA. Helmets from other sports such as hockey, baseball, and football are not recommended for cycling. They are designed and tested for different types of impact. In Ontario, it is the law that every cyclist under the age of 18 must wear an approved bicycle helmet.

To check a proper fit:

There should be two finger widths between your eyebrows and the helmet.

The straps should be flat against the face.

The side straps should meet just below the ear making a V-shape under your ear lobe.

The chin strap should be fastened snugly with enough room to fit one finger between your chin and the strap.

Lighting

By law your bicycle must have a white front light and a red rear light or reflector when you ride between one-half hour before sunset and one-half hour after sunrise. As well, the law requires white reflective strips on the front forks and red reflective strips on the rear stays.

Clothing

Clothing can improve or reduce visibility. Yellow and white stand out best at night; dark colors are difficult to see. Pedal reflectors and reflective material on wrists, ankles, heels, clothing and helmets help others see you.

Be Heard

Bicycles are very quiet vehicles, so it is important to warn other cyclists and pedestrians of your approach. By law, all bikes must have a working bell or horn to announce your approach. At times it is just as effective and more courteous to shout something like "passing on the left" when overtaking other cyclists and pedestrians.

Handling Skills

Learning how to safely ride a bicycle takes practice. After practicing safe cycling skills you can try a "road test" like one found [here](#) to review your skills.

Straight Line Riding

Riding in a straight line is the key to riding safely in traffic.

Practice by following a painted line in a parking lot. Try not to move your upper body as you pedal – let your legs do the work.

Shoulder Checking

Shoulder checking involves looking back over your shoulder to see what the traffic behind you is doing. This manoeuvre is vital for making safe turns in traffic. It is also difficult to do without wandering from a straight path. Practice riding in a straight line while checking behind you over both shoulders.

Hand Signals

It is important to signal all turns to let other drivers, cyclists and pedestrians know what you are going to do next. Always make certain it is safe to turn before moving by doing a shoulder check.

Shifting Gears

The basic rules for gear use are:

Shift into a low, easy gear before you stop.

Use low, easy gears when going up hills. Shift into lower gears before you begin to work too hard.

Use higher, harder gears when you begin to bounce on the seat from pedalling too fast.

Use a gear that gives you fast, easy leg spin – about 70 to 100 rpm.

Avoid pedalling slowly and pushing hard in your highest gears.

Bicycle Safety Rules

Wear a properly fitted, CSA approved bicycle helmet.

Make sure the bicycle is the correct size.

Always wear closed toe footwear.

Ride in single file on the road.

Ride on the right side of the road with traffic.

Do not ride on busy streets.

Ride on sidewalks or paths where permitted.

Cross the street with a grown up.

Stop for all stop signs.

Stop at all intersections (for example, driveways, paths, sidewalks).

Keep your bicycle in good repair.

Fun Fair Volunteers Needed

We are looking for anyone who is available on June 15th to help with Fun Fair.

Selling tickets, help with BBQ, Candy Store etc.

If you are available to help, please contact the office at 519-653-1141.

Toonies for Tummies

Did you know that 1 in 10 students arrive at school without enough food for the day? Please join us in making sure that the students in our community have access to healthy foods throughout the day! Coronation Cool Cats will be participating in a Nutrition for Learning fundraiser event to help raise money for this important cause. We ask that you send a \$2.00 donation to school during the week of April 24 to 28. The money raised will go directly towards feeding the students at our school through our breakfast bin program, a program that runs daily at our school each week! More information will be sent home with your child soon so stay tuned!

The class that raises the most will receive a special prize for their help in this initiative!

Help out your community today, Cool Cats!



Pizza Kit Orders Due April 20th
Hot Dog Lunch April 25th
Pizza Kit Pick-up May 18th 2:30-5:30

Little Caesars Pizza
Kits are back,
watch for order
forms coming
home very soon!

Hotdog lunch is
back by popular
demand!

If you would like more information about parent council or are interested in helping at any of our events please contact us at:
coolcatsparentcouncil@gmail.com

Children And Sleep

Sleep is a vital need, essential to a child's health and growth. Sleep promotes alertness, memory and performance. Children who get enough sleep are more likely to function better and are less prone to behavioral problems and moodiness. That is why it is important for parents to start early and help their children develop good sleep habits. How much sleep should my child get?

Each child is different and has different sleep needs. This chart presents recommended hours of sleep that includes naps for children up to five years of age.

How Much Sleep Should My Child Get?

Age	Hours Of Sleep
0 - 2 months	10.5 - 18
2 - 12 months	14 - 15
1 - 3 years	12 - 14
3 - 5 years	11 - 13
5 - 12 years	10 - 11



Children Need And Thrive On Routine

The #1 tip for good sleeping habits in children is to follow a nightly routine even on the weekend. A bedtime ritual makes it easier for your child to relax, fall asleep and sleep through the night.

Typical Bedtime Routine

1. Have a light snack
2. Take a bath.
3. Put on pajamas.
4. Brush teeth.
5. Read a story.
6. Make sure the room is quiet and at a comfortable temperature.
7. Put your child to bed.
8. Say goodnight and leave.

Helpful Tips

- Make bedtime the same time every night.
- Make bedtime a positive and relaxing experience without TV or videos. According to one recent study, TV viewing prior to bed can lead to difficulty falling and staying asleep. Save your child's favorite relaxing, non-stimulating activities until last and have them occur in the child's bedroom.
- Keep the bedtime environment (e.g. light, temperature) the same all night long.



Coronation March Student/Mathlete of the Month

<i>Teacher</i>	<i>Student of the Month</i>	<i>Mathlete</i>	<i>Teacher</i>	<i>Student of the Month</i>	<i>Mathlete</i>
<i>Mr. G.</i>	<i>Mackenzie B</i>	<i>Pirzada A</i>	<i>Mrs. Pearle</i>	<i>Jackson B</i>	<i>Mary</i>
<i>Mr. Whitson</i>	<i>Maggie H</i>	<i>Taylor B</i>	<i>Ms. Termeer</i>	<i>Maxx</i>	<i>Raninder</i>
<i>Mr. Little</i>	<i>Amna</i>	<i>Abby</i>	<i>Mrs. Hallman</i>	<i>Zoey</i>	<i>Kaylee B</i>
<i>Mrs. Berry</i>	<i>Serena</i>	<i>Ellie W & James B</i>	<i>Mrs. Zettel</i>	<i>Sophia</i>	<i>Bentley</i>
<i>Ms. Elliott</i>	<i>Grace C</i>	<i>Jenna C</i>	<i>Ms. Ho</i>	<i>Ramsay</i>	<i>Noah</i>
<i>Ms. Duquesney</i>	<i>Jack W</i>	<i>Abby</i>	<i>Mrs. Prickett-Hart</i>	<i>Zachary F</i>	<i>Kaitlyn C</i>
<i>Ms. Cline</i>	<i>Joscelyn</i>	<i>Sylvie</i>	<i>Mrs. Marie</i>	<i>Munib</i>	
<i>Ms. Bannon</i>	<i>Rhett</i>	<i>Patience</i>	<i>Mr. Blackie</i>	<i>Liam W & Kylie M</i>	
<i>Mrs. Koch</i>	<i>Fabian</i>	<i>Madison</i>	<i>Madam Mehan</i>	<i>Alexi P & Kylie M</i>	
<i>Mrs. Zuidema</i>	<i>Quinn & Owen</i>	<i>Felicity & Leland</i>	<i>Ms. McPhee</i>	<i>Lucas G.</i>	
<i>Mrs. Casale</i>	<i>Jake</i>	<i>Jasmine</i>			

KINDERGARTEN REGISTRATION IS HERE

WANTED! WANTED! WANTED!

CHILDREN BORN IN 2013 FOR JUNIOR KINDERGARTEN
or
CHILDREN BORN IN 2012 FOR SENIOR KINDERGARTEN

If you have a child who was born in either 2012 or 2013 or you know of a family who has a child born in 2011 or 2012, please complete the form below and return it to the school or call, Ms. Snyder at 519-653-1141 as soon as possible.

Please note: Students presently in Junior Kindergarten DO NOT need to register for Senior Kindergarten. Thank you!

Please cut this form out
and return it to the school with one of your children immediately.

CHILDREN BORN IN 2012 OR 2013



For Junior or Senior Kindergarten 2017

Name of Child _____

Date of Birth _____ **Male/Female**

Name of Parent(s) _____

Address _____ **Postal Code** _____

Phone Number _____

Siblings at Coronation _____