



# Glenview Park Physical Education

## Learning Skills and Work Habits

Learning Skill:	How can you be excellent?
Responsibility	<ul style="list-style-type: none"><li>-always take care of your uniform responsibilities</li><li>-be prepared to rent if needed</li><li>-complete homework, notebook in health</li></ul>
Organization	<ul style="list-style-type: none"><li>-come to class each day</li><li>-arrive on time</li><li>-be prepared to actively participate</li></ul>
Independent Work	<ul style="list-style-type: none"><li>-participate fully in all activities</li><li>-give your best effort to improve fitness level</li><li>-follow instructions and stay on task</li></ul>
Collaboration	<ul style="list-style-type: none"><li>-understand that sport is often a "team" activity</li><li>-be a good class/team mate</li><li>-communicate, pass, play "D", support your team...</li></ul>
Initiative	<ul style="list-style-type: none"><li>-use class time effectively</li><li>-approach new activities positively</li><li>-be a leader in all settings</li></ul>
Self- Regulation	<ul style="list-style-type: none"><li>-behave appropriately in gym, weight room, outside</li><li>-use language positively</li><li>-follow all rules of the games</li></ul>

N- Needs Improvement    S- Satisfactory    G- Good    E- Excellent