

## Go Brain!

Here are some websites you can search through to find out information about your brain, how you process information, and play some good-for-you games.

*Basic Brain Information and Definitions:*

<http://maui.net/~jms/brainuse.html>

*The Triune Brain:*

<http://www.buffalostate.edu/orgs/bcp/brainbasics/triune.html>

*Brain Hemisphere Dominance:*

<http://www.ipn.at/ipn.asp?BHX>

<http://www.web-us.com/brain/braindominance.htm>

<http://similarminds.com/brain.html>

*Phys Ed for the Brain:*

<http://www.brainstorming.co.uk/puzzles/lateralthinkingpuzzles.html>

<http://www.gamesforthebrain.com/>

<http://www.funbrain.com/>

<http://www.sharpbrains.com/teasers/>

[http://www.prevention.com/cda/categorypage.do?](http://www.prevention.com/cda/categorypage.do?channel=health&category=brain.fitness&topic=brain.games)

[channel=health&category=brain.fitness&topic=brain.games](http://www.prevention.com/cda/categorypage.do?channel=health&category=brain.fitness&topic=brain.games)

*Keeping Your Brain Healthy:*

<http://www.newscientist.com/article/dn8449-violent-video-games-alter-brainsresponse-to-violence.html>

[http://www.wired.com/medtech/health/news/2007/09/bci\\_games](http://www.wired.com/medtech/health/news/2007/09/bci_games)

[http://www.medicine.indiana.edu/news\\_releases/archive\\_02/violent\\_games02.html](http://www.medicine.indiana.edu/news_releases/archive_02/violent_games02.html)

[http://seattletimes.nwsourc.com/html/living/2003554106\\_liztaylor05.html](http://seattletimes.nwsourc.com/html/living/2003554106_liztaylor05.html)

[http://www.prevention.com/cda/article/get-your-brain-in-the-fastlane/b02d541954585110VgnVCM10000013281eac\\_\\_\\_\\_/health/brain.fitness](http://www.prevention.com/cda/article/get-your-brain-in-the-fastlane/b02d541954585110VgnVCM10000013281eac____/health/brain.fitness)

