

Date: _____

Dear _____
(name of the adult you want to write to)

I have a problem at school and I am writing to you for help.

My problem is:
(circle all that apply)

- * I do not feel safe * I feel unwelcome * I have been mistreated
- * I have seen others being mistreated or made to feel unsafe/unwelcome
- * I have been bullying others or making them feel unsafe/unwelcome

This problem is:
(circle all that apply)

- * physical (example hitting, kicking, poking)
- * verbal or emotional (example name-calling, teasing, excluding)
- * other _____

I hope this problem can be fixed.
(circle one of the following)

- * I want to meet with you in private to talk about ideas.
- * I wanted you to be aware of this issue.

Thank you,

(your name and classroom or teacher's name)

If the adult who gets your letter thinks that bullying or certain other serious activities may have taken place the adult must tell Mrs. Bileski, the principal.

Please give this to your teacher or bring it to the library to go in the "letter to adult" box.