

Anxiety in Your Teen? Learn what can you do

Parent Engagement Session Elmira District Secondary School

Monday May 13, 2019 in the Library
7:00pm doors open,
Presentation 7:15 – 8:30pm

You will gain knowledge, skills and tools as a parent or caregiver to be active partners in your teens' well-being. This workshop will provide an opportunity to initiate open communication and help address the challenges facing your stressed or anxious teen. You will learn of the support services in the school and local community.



Speaker

Dr. Kerris del Rosario is the founder and director of the del Rosario Psychology & Psychotherapy Group. Dr. Kerris is a clinical psychologist certified with the College of Psychologists of Ontario (CPO) in the areas of Clinical and Counselling Psychology (both assessment and treatment) for Adults, Couples, Adolescents and Children. She has been a speaker for PIC Conferences and in local schools.

**This FREE event for parents
and caregivers is hosted by
Elmira District Secondary School Council**

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the Ontario Ministry of Education**