

# CO-OPERATIVE EDUCATION



**Test Drive Your Future....**



# What does Co-op have to offer?

- Earn 2 or more credits while working in a local placement
- An opportunity to explore a career choice
- Extends classroom learning
- Provides hands-on experience





You will also...



- Build an effective and powerful resume
- Gain useful experience and references
- Learn how to present yourself for a job interview

# We learn...

10 percent of what we read



15 percent of what we hear

**But...** 80 percent of what we experience



# How does Co-op work at PHS?

- Co-op will be offered in both semesters. Your entire morning or afternoon will be blocked off for Co-op. When you are scheduled for co-op will be based on your other courses.
- You will attend school all day for the first 3 weeks of the semester before beginning your placement. This time will be spent selecting a job and getting you ready for it.
- You will work approximately 12-14 hours per week. Arrangements can be made for extra curricular activities and part time jobs.
- You will be granted one credit for every 110 hours you work. This usually means 2 credits for the semester. Some students who work extra hours have been granted 3 or 4 credits in the workplace.
- You get paid in credits not cash.
- Each week you will hand in a journal to your co-op teacher with your hours recorded.
- You treat your placement with the importance of a real job.

# Where can I work?

Elementary School

Bakery

Spa

Day Care

Radio Station

Electrician

Music Store

Computer Technology

Auto Mechanic

Animal Clinic

Restaurant

Physiotherapy

Art Gallery

Hair Stylist

Humane Society

And many more...

# What do I do to sign up?



- Check off Co-op on your Course Selection Sheet.
- Check off the area you might be interested in (i.e. Business, Tech, P.E.).
- On Line – From the Grade 11 menu .... Choose COP 30C

From the Grade 12 menu .... Choose COP 40C

✓ A Co-op teacher will be speaking to you in the Spring about your selection and answering any questions you might have.