



Good Knight Day

Wednesday October 23rd, 2019

Success Days are an opportunity for students at Bluevale to seek out extra help, complete and/or hand in outstanding assignments, or work on current assignments. We accomplish this by modifying the timetable. There are 2 days set aside in each semester: one around Parent

Teacher conferences and another before we enter summatives. Students not needing extra help have an opportunity to take part in wellness activities. Wellness is a key indicator for student achievement. All classes will occur during the morning of Wednesday, October 23th as well as the various Wellness Workshops that will be offered..

Time						
A Block 8:15-9:00	Regular Classroom Instruction					
B Block 9:05-9:50	Regular Classroom Instruction					
C Block 9:55-10:40	Regular Classroom Instruction					
D Block 10:45-11:30	Regular Classroom Instruction					
Lunch 11:30-12:20						
Wellness 1 12:20-1:20	Recreational Gym Activities (Gym)	Get Your Game On (Cafeteria)	Knit2gether (Library--Comfy Couches)	Make your Tech Work for you (Library Seminar Room)	Stress Busters (Cafeteria)	Tutorial Support / Individual Assignment Completion
	Departments that are offering Academic Support:		Math, English, Languages, Geography, Phys Ed., Tech, Student Success & Special Education			
Wellness 2 1:25-2:25	Recreational Gym Activities (Gym)	Get Your Game On (Cafeteria)	Knit2gether (Library Comfy Couches)	Make your Tech Work for you (Library Seminar Room) Open Drop In	Stress Busters (Cafeteria)	Tutorial Support / Individual Assignment Completion
	Departments that are offering Academic Support:		Science, History, Business, Coop, Family Studies, Music, Visual Arts, Student Success & Special Education			

Knit2gether: Got a knitting project on the go, or have a desired interested to learn how to knit? Come out to this session led by our keen staff knitters, Mrs. Martin and Mrs. Werner in the library on the comfy couches .

Get Your Game On: Help chase off your stress and connect in person with your peers over a snack and a board game in the caf. Facilitators: Ms. Baillargeon, Ms. Patterson & Mr. Sej.

Stress Busters: Looking for some simple ways to decompress in your day? Here is an opportunity to chill with a puzzle or colour therapy. You also have the opportunity to make your own stress ball, or create a calming collage. Come on out to the caf. Facilitators: Ms. McIntyre, Ms. Schindelheim, Mr. Taylor, & Ms. Tyrrell

Make Your Tech Work For You: Is your Google Drive a disaster? Do you want the best tips to stay organized and focused on your devices? This one hour session will share with you helpful extensions, G-Suite tools and other tech tricks that you can use across your devices and in all areas of your life, but especially at school, to help you manage your digital spaces and save you time!

Recreational Gym

Drop by the gym to get your body moving for open gym time or depending on the numbers games of low organization. Facilitator: Mr. Robertson.