

# Transitioning Children and Youth Back to School

Free Online Workshop



To register  
please click the time below  
you would like to attend  
**Wednesday, Aug 25**

Noon 12:00 pm - 1:00 pm

Evening 7:00 pm - 8:00 pm

For more information please contact  
Community Resource Program  
(519) 743-4453 ext 2383



**Tips and Practical Steps to assist with a successful school transition for your child/teen during these unprecedented times.**

Are you or your child/teen experiencing the “Back to School Blues” as you prepare to transition into a new school year? This workshop will provide you with tips and strategies to assist you in planning for a more successful re-entry plan to the new school year.

Topics Include:

- Define and Talk About Back-to-School Blues
- Mentally Preparing Your Child/Teen for the return to school
- Tips for a Smoother Transition
- Practical Steps to Make the Transition Easier

zoom

**CARIZON**  
Inspiring Hope + Wellness in Our Community