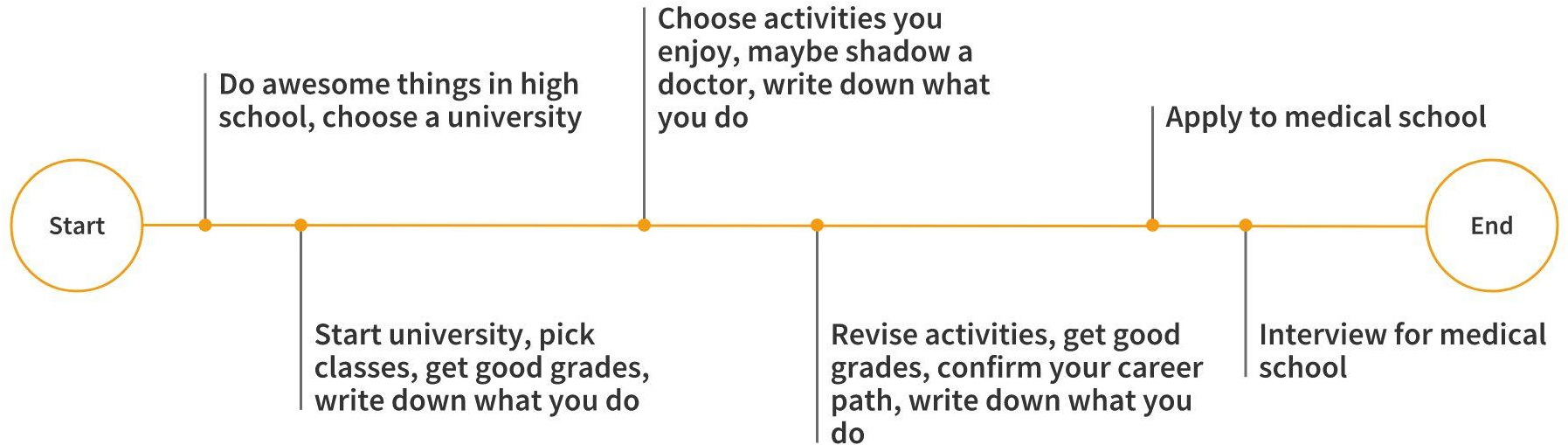




Preparing for medical school

Medical school planning timeline



Choosing a university program

Canadian medical schools DO NOT CARE ABOUT YOUR PROGRAM



- Your degree title is not screened as part of the standard* medical school admissions process.
- Your degree-granting institution is not screened as part of the standard medical school admissions process.
- Your minor is not screened as part of the standard medical school admissions process.
- Your specializations are not screened as part of the standard medical school admissions process.

What medical schools DO care about

Course weight

Most but not all medical schools in Canada and the U.S. look for a full course load.

They define full course load differently; the biggest requirement is 2.5 full credits / term

Course level

As you progress in your studies, medical schools want to see you taking higher-level courses.

They view this differently; the biggest requirement is 3/5 courses at or above your grade level.

How good your grades are

Grades are the most important thing to manage during your undergraduate degree.

All medical schools want very high grades - in the 80s and 90s.

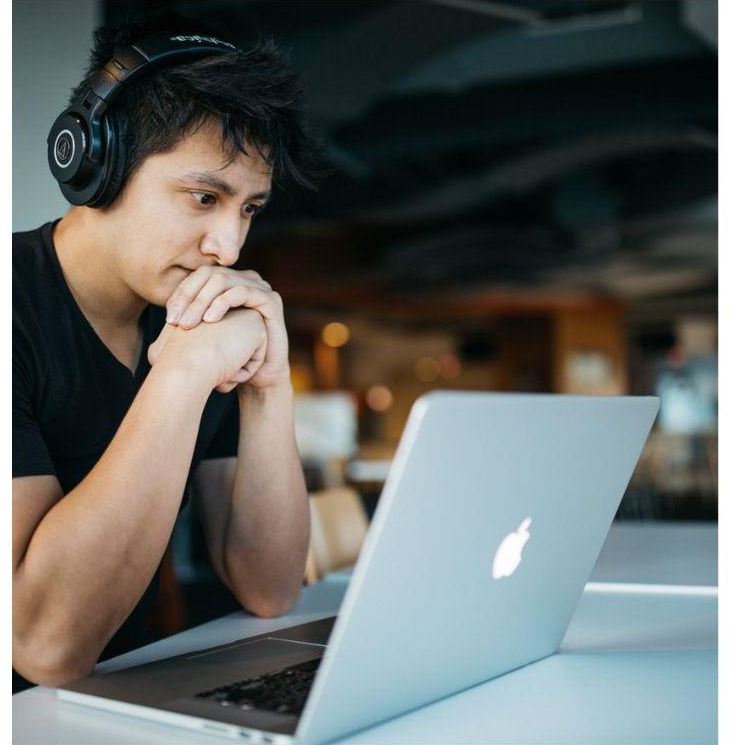
How consistent your grades are

Having a high average doesn't mean you will be competitive for medical school.

Schools look at overall grades and consistency within a range.

How to choose a program

- Study what you like to learn.
- Take electives that you enjoy.
- Choose a school where you have support.
- Choose a school and program where you have easy access to prerequisite courses
- Keep an eye on the program's grading policy



Choosing courses

Choosing courses for medical school

Study what you love

Grades are the most important thing to manage during your undergraduate degree.

You study more, study better, and get higher grades when you like what you're learning.

Course weight

Some or all of your IB credits can count toward your university degree. They CAN'T count toward your course weight or prerequisites.

Try to take 5 courses or 2.5 credits each term.

Degree requirements

Whatever program you enter, you will have some course requirements to meet. You may be pre-enrolled in your required courses in first term, or you may need to learn the requirements.

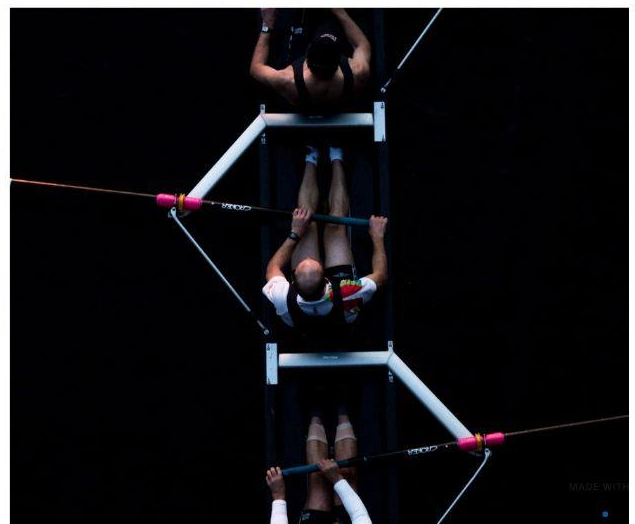
Medical school requirements

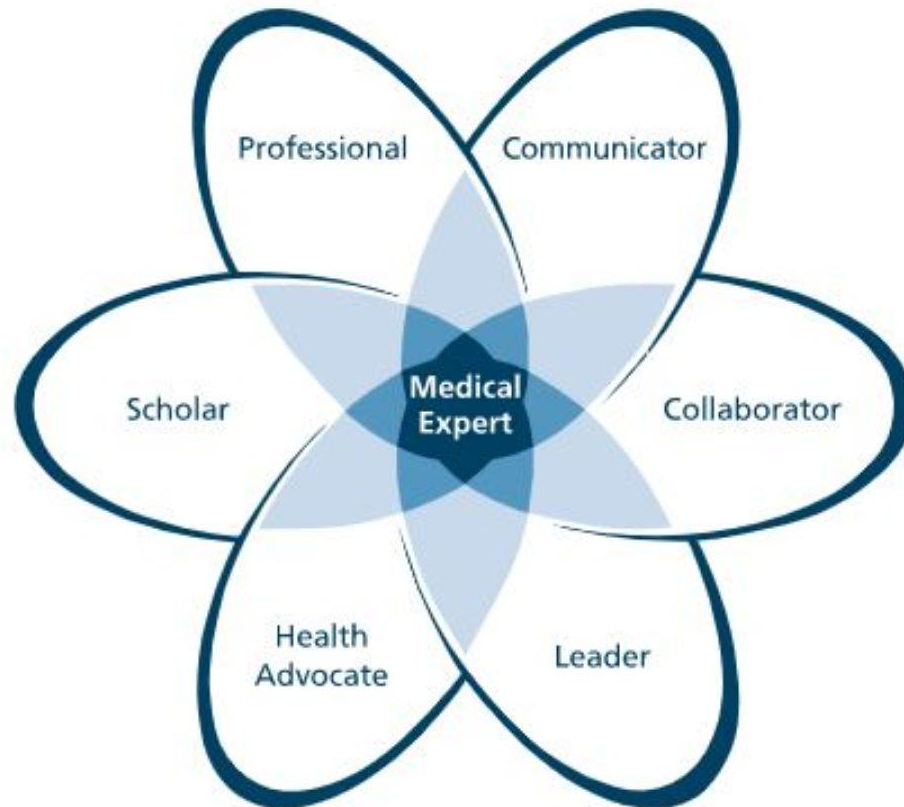
Depending on where you plan to go to medical school (Canada, the U.S., a particular school), you may have medical school prerequisites to fill.

Medical school prerequisites (2019)

	Humanities/Social Sciences	Life Sciences	Other
Ottawa	2 terms	2 terms biology, 1 term organic chemistry, 1 term chemistry, 1 term biochemistry	1 term statistics
Toronto	2 terms	4 terms	
Others in Canada	2 terms	Biology, Chemistry, Physics	2 terms English
U.S. in general	English, Psych/Soc	Biology, Chemistry, Physics	Science-based undergraduate degree*, math

Choosing awesome activities





Tracking your activities

**Just track them. Seriously.
Make a spreadsheet. Your
future self will thank you.**

Confirming your career path



How to confirm your choice

- As you learn more about this career, consider how it fits with your life and values
- Think about which patients you would like to serve and how
- Pay attention to what you love about your experiences and what you prefer not to do again
- There are lots of ways to serve patients and it's okay to look at alternatives

Paying for medical school

Cost of medical school

- Most Canadian medical schools set tuition between \$15,000 and \$25,000 per year
- (Medical school can cost as little as \$6,000 a year at some schools)
- U.S. medical schools costs an average of \$58,000 USD per year for out-of-state applicants
- In addition to tuition, you will pay cost of living and study resources
- Medical school may be as short as 3 years, although most programs are 4 years long.
- After medical school, you will likely complete a residency and you may complete a fellowship.

What else?

Resources

	Links
Ottawa prerequisites	https://med.uottawa.ca/undergraduate/admissions/application-process/eligibility-requirements
Toronto prerequisites	https://applymd.utoronto.ca/academic-requirements
How GPA works	https://www.ouac.on.ca/guide/omsas-conversion-table/ whatsmygpa.ca
Canmeds framework	http://www.royalcollege.ca/rcsite/canmeds/canmeds-framework-e
U.S. applications	https://students-residents.aamc.org/applying-medical-school/applying-medical-school-process/deciding-where-apply/tools-medical-school-applicants/