

# Creating Safe and Inclusive Schools and Communities

## FREE Workshops for Parents and Caregivers

Presented by Harmony Movement, in partnership with Waterloo Region District School Board  
and Waterloo Catholic District School Board

Here's what you can expect:

- Interactive and Engaging Content
- Learn skills to enhance participation in your child's learning
- Meet and learn with other Parents/Caregivers
- Tools to effectively participate in preventing discrimination and intolerance in our communities and schools

Choice of Sessions,  
Dates & Times

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Free Childcare & Free  
Refreshments!

### Workshop #1: EMPOWERING PARENTS/CAREGIVERS TO CREATE SAFER, MORE INCLUSIVE SCHOOLS

This workshop provides core learning on issues of diversity, equity and inclusion. Participants will learn about social identity and diversity, including diversity of race, culture, faith, ability, socio-economic status, sexual orientation, mental health, and gender. They will acquire knowledge necessary to better understand and address issues of discrimination.

April 5, 2016 - Waterloo Region DSB 4-6pm **AND/OR** May 12, 2016 - Waterloo Catholic DSB 5-7pm

### Workshop #2: TEACHING CHILDREN RESPECT OF OTHERS

This is a hands-on interactive workshop that focuses on both engaging children (2-6 years of age) and parents/caregivers. This workshop will draw on participants' empathy to teach them to understand and celebrate diversity in race, gender, socio-economics, abilities, language, and family structure. Participants' will draw upon their own feelings and experiences to understand the potential harm of discrimination.

April 12, 2016 - Waterloo Region DSB 4-6pm **AND/OR** May 19, 2016 - Waterloo Catholic DSB 5-7pm

### Workshop #3: ADDRESSING THE ROOTS OF BULLYING, DISCRIMINATION AND CONFLICT

This workshop engages parents/caregivers in discussions about bullying and cyber bullying, their causes and their impact on a child's learning and academic achievement, attendance and participation in school. Parents/caregivers will be equipped with knowledge and skills to respond effectively when they witness or hear about mistreatment.

April 19, 2016 - Waterloo Region DSB 4-6pm **AND/OR** May 26, 2016 Waterloo Catholic DSB 5-7pm

### Workshop #4: PARENT/CAREGIVER LEADERSHIP & ADVOCACY FOR INCLUSION

This workshop will enhance the leadership capacity of parents/caregivers to become more self-assured in addressing their child's education experience in the school system.

April 26, 2016 - Waterloo Region DSB 4-6pm **AND/OR** June 2, 2016 - Waterloo Catholic DSB 5-7pm

## LOCATIONS

Waterloo Region District School Board Education Centre, 51 Ardelet Avenue, Kitchener

Waterloo Catholic District School Board Education Centre, 35 Weber Street West, Kitchener

To register, please email:

Deepa Ahluwalia at [deepa\\_ahluwalia@wrdsb.ca](mailto:deepa_ahluwalia@wrdsb.ca)

Marylin Dawson at [marylin.dawson@wcdsb.ca](mailto:marylin.dawson@wcdsb.ca)

Please let us know if you require childcare  
and/or an interpreter.