Dear Parents/Guardians,

This year we will be teaching the Grade 7 and 8 classes ***Healthy Living - Human Development and Sexual Health*** strand during our next health block.

The topics that will be covered will address the expectations from the Ministry of Education document.

The Ontario Curriculum expectations in this strand are as follows:

|  |  |
| --- | --- |
| Grade 7 | Grade 8 |
| * Delaying sexual activity
* Sexually transmitted infections
* STI and pregnancy prevention
* Sexual health and decision making
* Relationship changes at puberty
 | -Decisions about sexual activity-Gender identity, sexual orientation, self-concept-Decision making, contraception-Relationships and intimacy |

Every attempt will be made to address these expectations with sensitivity and respect for individuals.

Sincerely,

Centennial Physical Education and Health Teachers