## EZ LUNCH SNACK WORKSHOP





Suffering from Lunchbox Fatigue?

Looking for new ideas for your kids' lunches?

BRING YOUR WHOLE FAMILY to the Elizabeth Ziegler Healthy Snack Workshop!

Interactive Sampling Stations will be set up all night. Pop-in for a few minutes or stay and share ideas with other parents in our school community.

Please RSVP by Wednesday, November 11<sup>th</sup>, 2015 using the form below.

## **November 17, 2015** 6:30-8:00pm Elizabeth Ziegler Public School

| Student's name:   |
|---|
| YES - our family plans to attend the E.Z. Snack Workshop            |
| Total # attending:  |
| Sorry we cannot attend, but please provide updates on future events |

Email address: