

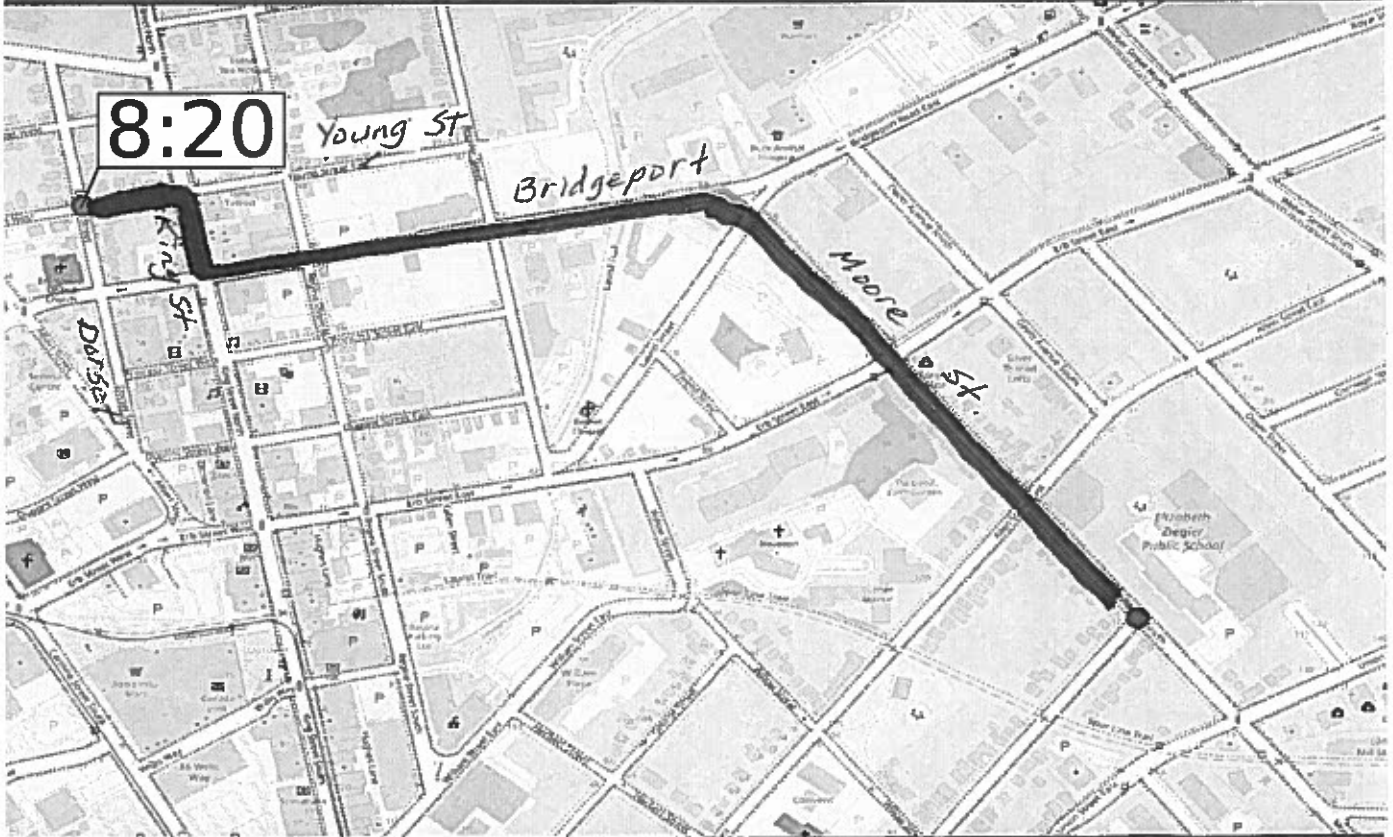


WINTER WALK DAY 2019

* Meet at 8:20
at Yonge St. and
Dorset Street or
join us along the
way.

Walk with us **February 6th!**

You can meet our group along this route



Did you know?

Walking in the cold leads to greater heart conditioning and increased endurance!



 @OntarioAST 

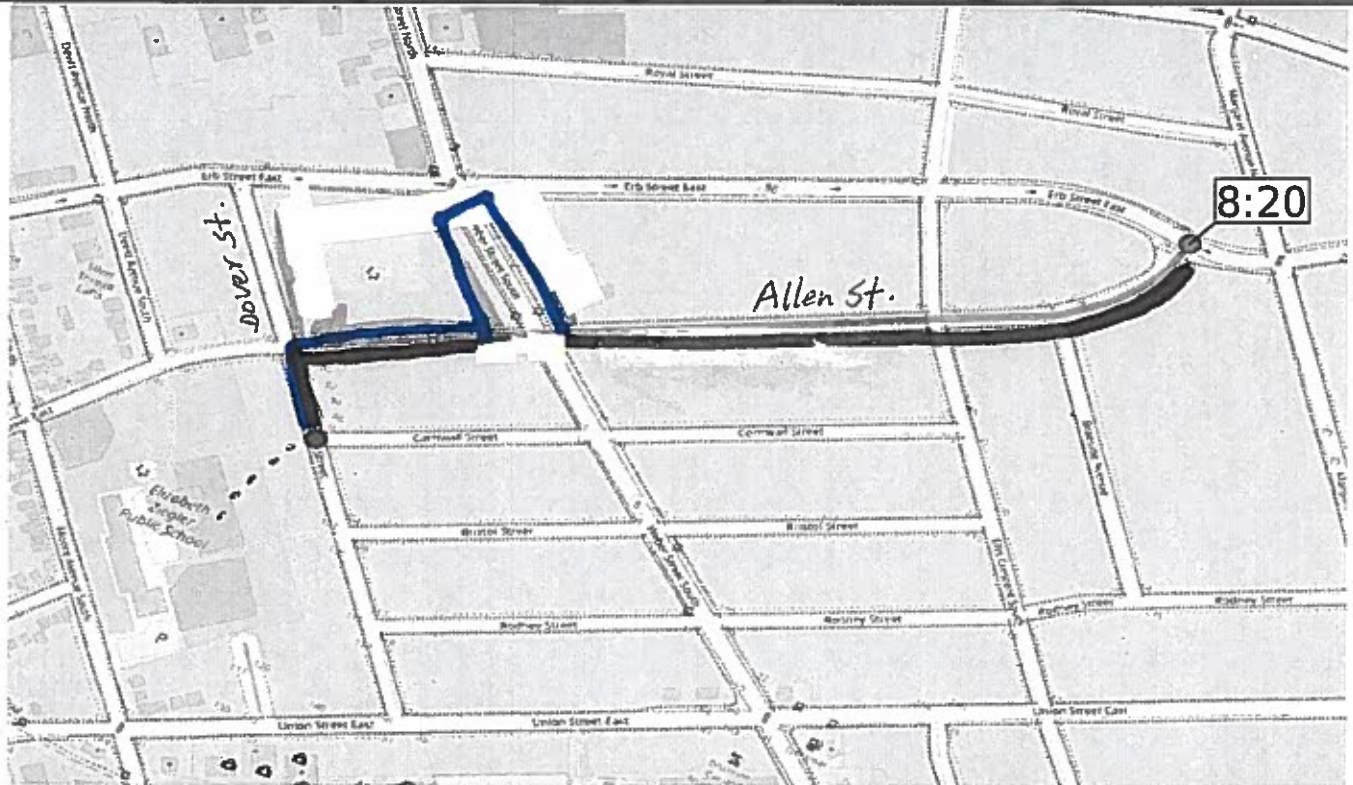
#AWD2019 www.ontarioactiveschooltravel.ca #Walk2School



WINTER WALK DAY 2019

* Meet at 8:20 at Allen St. and Erb St. or join us along the route.

Walk with us **February 6th!**
You can meet our group along this route



Did you know?
Walking in the cold leads to greater heart conditioning and increased endurance!

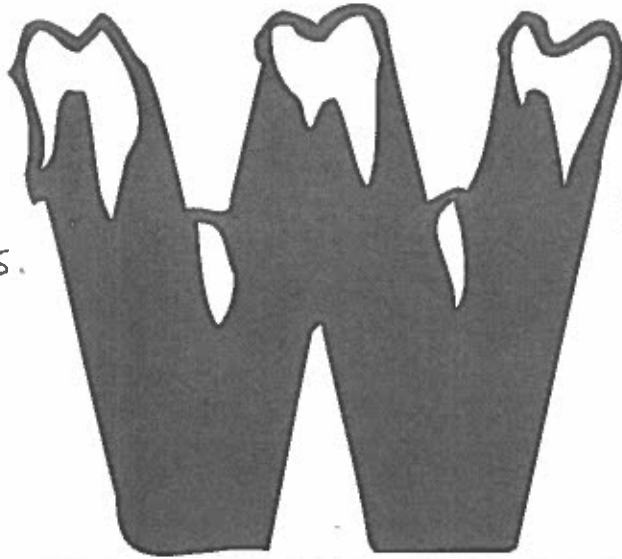


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#WWD2019 www.ontarioactiveschooltravel.ca #Walk2School

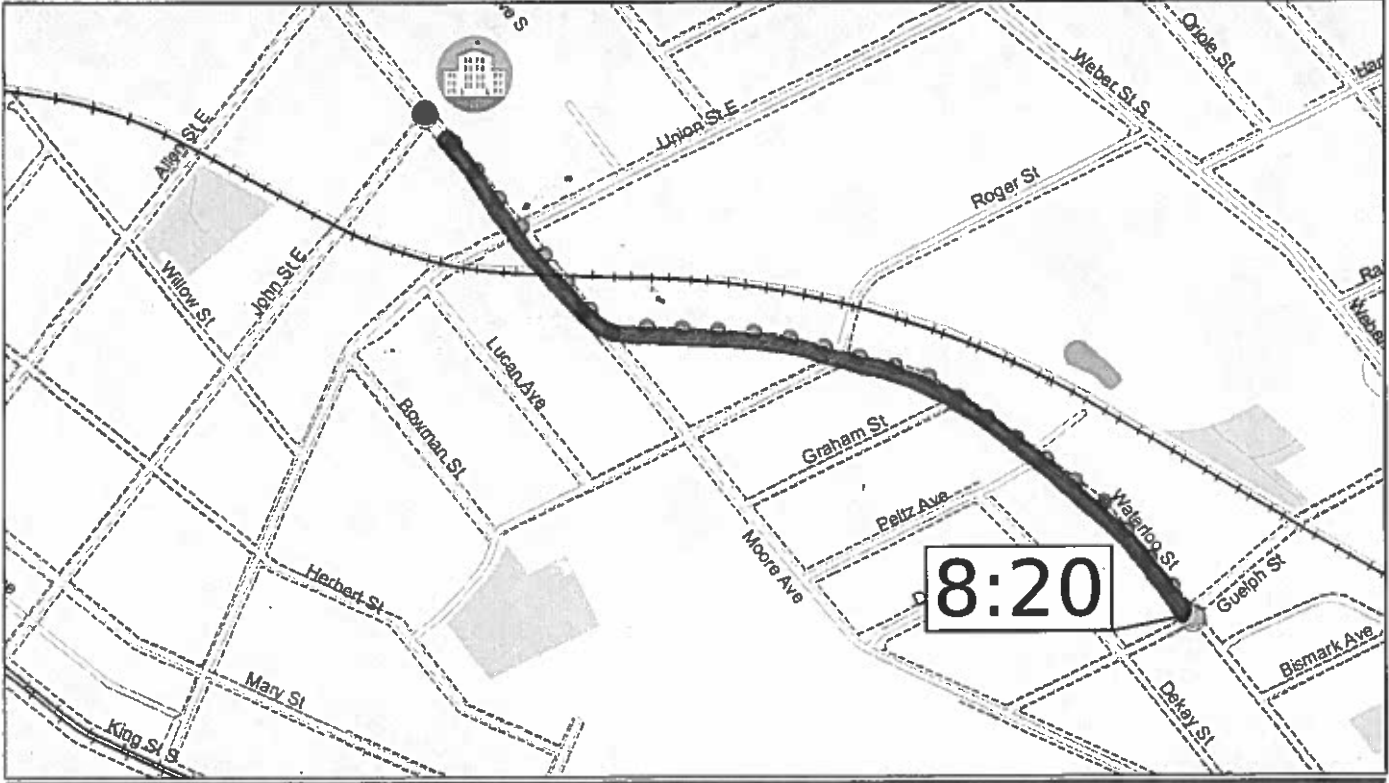


WINTER WALK DAY 2019



* Meet at 8:20
at Guelph and
Waterloo streets.

Walk with us **February 6th!**
You can meet our group along this route



Did you know?
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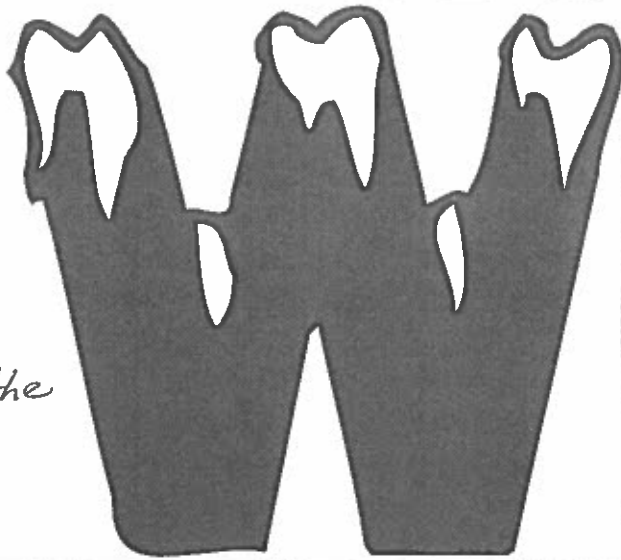


#WWD2019 www.ontarioactiveschooltravel.ca #Walk2School

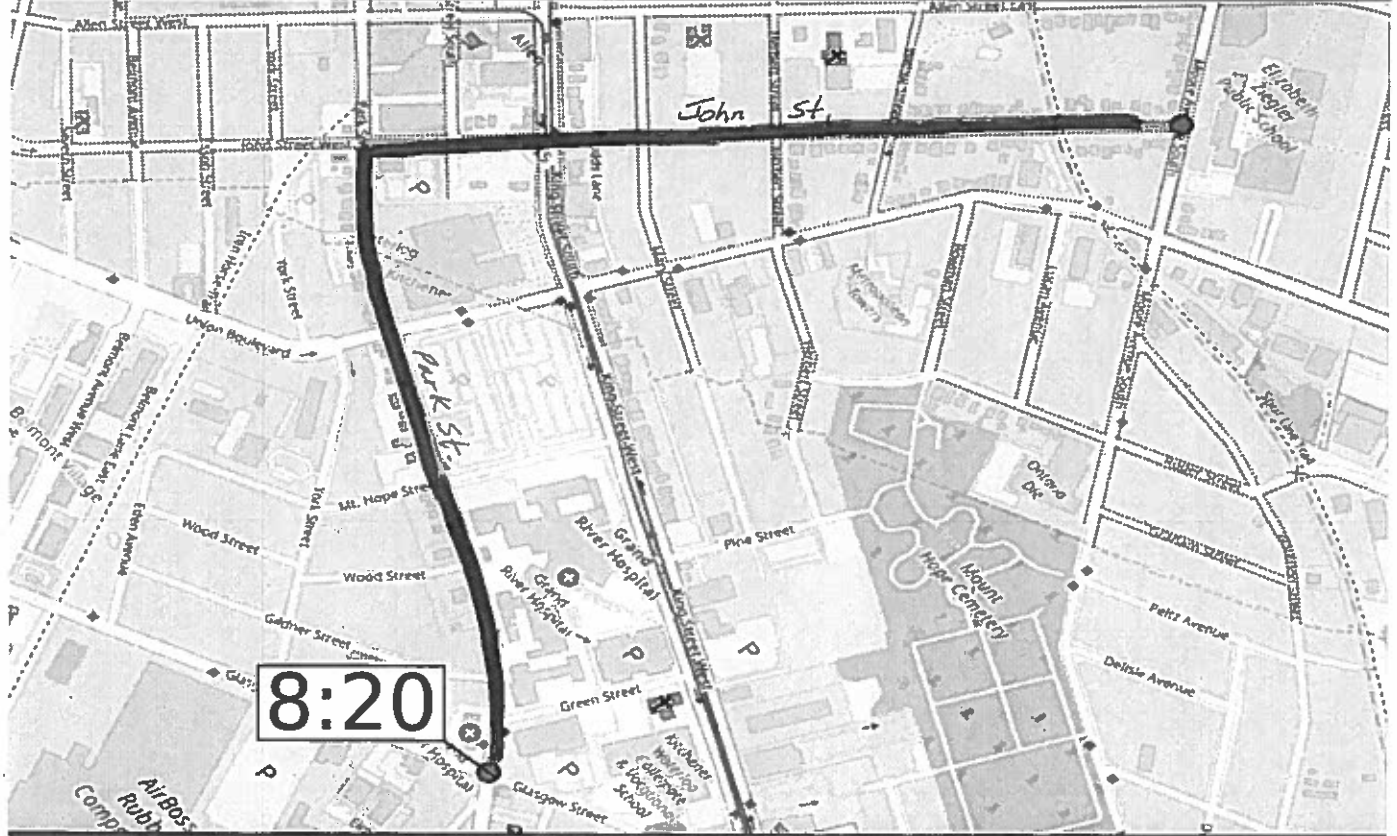


WINTER WALK DAY 2019

* Meet at 8:20
at Park St and
Glasgow St. or
join us along the
route.



Walk with us **February 6th!**
You can meet our group along this route



Did you know?
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