



STAPLES



EMPIRE FIT FEST – Come and Flex Your Muscles! JANUARY 25 2018 6-8PM

- **SPORT CHALLENGES** – golf, basketball, soccer, rugby, lacrosse, pitching speed through and more! Kindie Sport Challenges!
- KW Titans Players – shoot baskets with them!
- Sports Trivia – Test your sports knowledge!
- Kids & Parents YOGA by YMCA
- JUST DANCE – come dance a song!
- KW Gymnastics
- Evolve Dance Studio
- KW Sertoma Speed Skating Club
- Meet Kitchener Rangers Mascot “Tex”
- U of W Mascot & Athletes – come meet them!
- Laurier Athletes – meet them too!
- Grade 6 class will sell popcorn & chocolates for fundraising!

RAFFLE PRIZES – when you finish challenges, you get a ballot!

- 2 Kitchener Rangers game tickets
- U of Waterloo Swag!
- YMCA Family membership
- Toronto Maple Leafs swag
- KW Titans swag
- WLU Swag
- Mountain Bike!

**COME GET FIT IN THE MIDDLE OF WINTER!
BRING YOUR FAMILY AND CHALLENGE THEM
TO GET FIT!**

Wear athletic or sports gear! Enjoy a cup of David's Tea!



KITCHENER
WATERLOO
GYMNASTICS
C L U B

DAVIDsTEA

Brought to you by your Empire PS Parent School Council! If you wish to volunteer, please contact Amy Beamer abeamer@wpl.ca