



TRAFFIC SAFETY EDNA STAEBLER

Student Expectations

1. Have fun when you walk or wheel to school and practice good road safety everywhere!
2. Use sidewalks or trails around the school; never walk across the middle of the street and cross at designated crosswalks.
3. Dismount your bike, scooter, or skateboard when you reach school property.

Driver Expectations

- ⇒ Do not enter the parking lot during student drop off or pick up times.
- ⇒ Do not block driveways or trail entrances.
- ⇒ Never stop in a No Stopping Zone.
- ⇒ Remain in your car in a No Parking Zone; do not use the zone if your child needs assistance.
- ⇒ Do not use driveways to turn around; drive around the block.
- ⇒ High snow banks reduce visibility; watch for children!
- ⇒ Check for children walking on the sidewalk before pulling out of your driveway.

Crossing Guard Etiquette

Pedestrians: The Crossing Guard must ensure you cross safely and still allow traffic to flow. All walkers are required to obey the guard's direction. Once the Crossing Guard has reached the middle of the crossing and signals students to cross, they make their way to the other side.

Drivers: Stop, and remain stopped until the guard and children reach the sidewalk. Failing to stop for a Crossing Guard can result in a fine of \$110 and 3 demerit points.



THE WALK ZONE

This simple journey can mean so much...

Physical Health

Walking or cycling to school regularly gives your child opportunities for daily physical activity that will help him or her avoid chronic disease and develop healthy habits that may continue into later years. ParticipACTION recommends that children accumulate several hours' worth of light movement every day. Walking to school is a perfect opportunity to get it; more than half the body's muscles are designed for walking; it is a natural movement that is virtually injury-free.

Mental Focus

Students who get physical activity in the morning arrive at school more alert and ready to learn – and studies show they score higher on tests. Studies show the power of concentration is increased for up to 4 hours after a 20-minute walk!

Environmental Well-Being

Up to 25% of the morning rush hour traffic is attributed to the school commute. Reducing the number of cars at schools improves air quality, creating healthier environments where children spend a great part of their day.

Fun and Happiness

Those who walk and cycle the school route enjoy a deeper connection to their community and find joy in nature and people along the way; all of which leads to less stress and less depression.

Graduated Independence

The walk to school provides a great opportunity for students to gradually know their community and take incrementally greater responsibility for themselves and younger children.

More Information

(519) 744-7575

stswr.ca/walkzone

est.wrdsb.ca

waterloo.ca/parking

regionofwaterloo.ca