

Parent Night 2015 PRESENTS...

SUPPORTING YOUR CHILD'S STRESS MANAGEMENT

This talk will focus on identifying your child's need for improved stress management, recognizing the symptoms of anxiety and depression in children, and strategies to support the development of healthy stress management skills in childhood that can carry through into adolescence and adulthood.

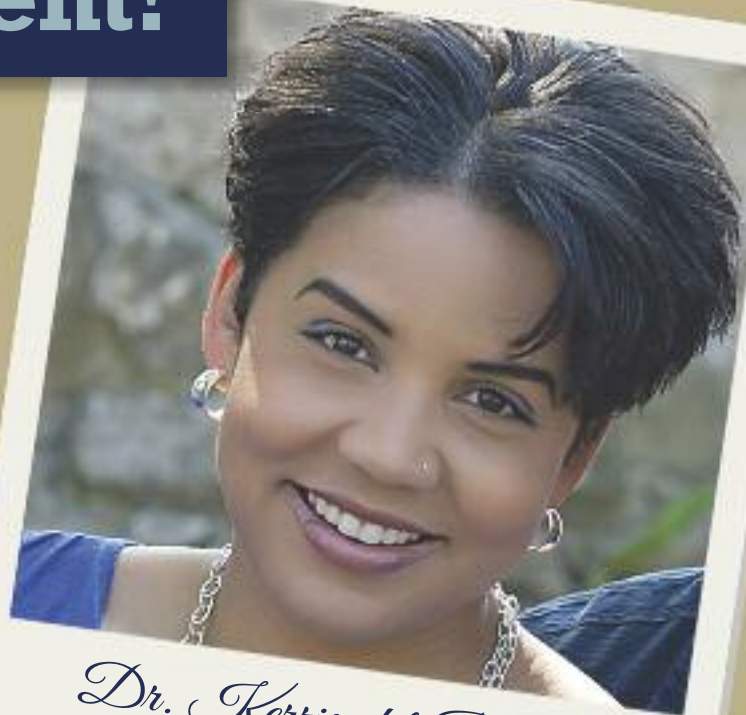
this is a **FREE** event!

DATE: Thursday, November 19th

TIME: 7:00PM - 8:00PM ~ SPEAKER
Q&A TO FOLLOW

LOCATION: Grandview Public School
341 Huron St, New Hamburg

HOSTED BY: Holy Family Catholic School,
Forest Glen Public School
& Grandview Public School



Dr. Kerris del Rosario
Registered Psychologist

Dr. del Rosario is a registered clinical and counselling psychologist who provides Assessment and Therapy with compassion and expertise for Adults, Children, Adolescents and Couples. She has extensive experience both assessing and treating childhood emotional distress (such as anxiety and depression), including implementation of treatment plans from a range of research-supported modalities (such as emotion-focused and cognitive-behavioural therapies).



del Rosario Psychology & Psychotherapy
Group Assessment and Therapy with
Adults, Children, Adolescents & Couples
1601 River Road East, Suite 305
Kitchener, ON N2A 3Y4
585 Ontario Street South, Suite 204,
Milton, ON L9T 2N2