



The Echo

Forest Glen Public School

A caring community where learning, respect,
and responsibility come together.



Website: <http://fgl.wrdsb.ca>

School Phone Number: 519 662-2830

Attendance Email: fgl-attendance@wrdsb.ca

Transportation Website: www.stswr.ca

Principal: Mrs. T. Kaufman

Office Staff: Mrs. K. Witmer

Mrs. S. Pietras-Gorczweski

Fall 2023

Dear Parents and Guardians,

We have had a wonderful start to the school year and things are going well here at Forest Glen. As a community we have worked together to make our return to school safe and successful.

Our annual Remembrance Day "assembly" will be held on Friday, November 10th. A number of students and staff will be helping to put this assembly together.

We want to thank our Forest Glen community for your tremendous support of all of our students, our staff, and our school. Thank you for taking the time to read with your children, help with homework, and encourage your child. The children at Forest Glen are fortunate to have such a wonderful community of support.

As parents, we understand how important open communication is between home and school. Please feel free to call me or your child's teacher to discuss any questions or concerns you may have about your child.

Looking forward to a successful school year!

Mrs. T. Kaufman, Principal

School Website

Please keep an eye on the school website listed below and at the top of the newsletter for **updates**. We encourage you to **subscribe to the website**. If you are a subscriber, any posts to the website will come automatically to the email you provide.

<http://fgl.wrdsb.ca>

Bringing Community Together Through Character

Community is a feeling of fellowship with others as a result of sharing common attitudes, interests and goals. Falcons strive daily to be an inclusive community of learners through:

Hope

- Hope is knowing there is a way to reach your goals and believing that you will get there.
- Hope is about goal setting, planning how to achieve it, and taking actions to do so.
- Hope isn't only wishful thinking – it's about working hard towards your goal.

Gratitude

- Gratitude is about noticing, acknowledging and appreciating the things in your life.
- Gratitude is about being thankful.

Optimism

- Optimism is about seeing the best in yourself, in others and in your surroundings.
- Optimism is a way of thinking; looking on the bright side, expecting positive outcomes and thinking happy thoughts.

Compassion

- Compassion is the ability to understand and lessen someone else's pain.
- Compassion is being mindful of others' thoughts, feelings and experiences.
- Compassion is also treating yourself with the same kindness and caring you have for others.

Resilience

- Resilience is the ability to bounce back or bounce forward after failure or challenge and try again.

Mindfulness

- Mindfulness is about being purposefully aware of what is happening as it happens.
- It is a state of active, open attention to the present moment.
- Mindfulness means paying purposeful attention to the present moment in a nonjudgmental way.

Caring

- Caring is a feeling or showing concern for or kindness to others.
- Caring is talking positively about others.

Empathy

- Empathy is placing yourself in another person's shoes and thinking about how others may be feeling.
- Empathy is the ability to understand and share the feelings of another person.

Efficacy

- Self-efficacy is about believing in yourself and knowing you have the skills to achieve what you set your mind to.
- Self-efficacy is your belief in your own abilities to deal with different situations; your confidence in your control over your own motivations, behaviours and social environment.

We believe these traits are at the centre of everything we do and are the foundation for positive relationships between staff, students, parents and the community.

Daylight Saving Time -- Fall Back

Sunday Nov. 5th at 2:00 a.m. marks the end of Daylight Savings Time for this year. You and your family will need to set your clocks BACK by one hour. Why, you ask? The point of Daylight Saving is to take advantage of the greatest amount of sunlight each day. Sunlight is not being "saved," but clocks are being shifted to match the sun. That's why we "spring forward" and "fall back" every year. So . . . Don't forget to adjust your clocks before you go to bed on Saturday Nov. 4th.

Pick up and Drop off of Children

Thank you to all of the parents who are driving right into the **back of the parking lot and letting students off by the far**



gate. Just a reminder to please refrain from *blocking traffic and letting students out close to the primary entrance.* Also, a reminder to **please keep the bus loading loop free of cars!** If you park in the parking lot, please supervise your children as they cross the parking lot to go to the school. We ask that **ALL children gather at the back** of the school before the arrival bell, where teachers are on supervision duty.

Our By-law officer will be visiting us to ensure that we are following all of the parking rules. We have also been advised that cars parked in the Dollar Store parking lot while picking up students, may also be ticketed.

A reminder to all students and parents to please use the crosswalk at the corner to cross the street before and after school.

Safe School Arrival

Just a quick reminder to please call our Attendance Check number at **(519) 662-2830, option 3 or email fgl-attendance@wrdsb.ca** when your child is going to be **absent or late.** This number is accessible 24 hours a day, 7 days a week.

Pets

Pets are a welcome part of many of our families' homes but please remember that some students may be fearful of animals or possibly allergic. **Just a reminder that dogs are not allowed on school property** or in the school (with the exception of service dogs) during school hours or during school events.

Let's Tree Wilmot

On Monday, October 2nd, the students in 3/4A worked with 'Let's Tree Wilmot' to plant 7 silver maple saplings along the back field that borders Victoria Street. The students learned about proper tree care and made many connections to the science curriculum. 'Let's Tree Wilmot' is part of the Wilmot Horticultural Society and works in local sites to support our forested areas and bring new tree life to the Wilmot community. We want to thank them for their donation of trees, time and energy towards improving our school yard and the natural environment we live in.

Important Dates

Pita Day	Nov. 6
Remembrance Day Assembly	Nov. 10
P.D. Day – no school for students	Nov. 13
Photo Retake Day	Nov. 14
Pasta Day	Nov. 20
Progress Reports go home	Nov. 20
Panzerotti Day	Nov. 27
School Council Mtg. - virtual	Nov. 27
WO Gr. 8 Information Night- 6:00- 9:00 p.m.	Nov. 29
WO Music Concert	Nov. 25
Pita Day	Dec. 4
Donation Collection for Market Place	Dec. 4-8
Pasta Day	Dec. 11
Holiday Market Place	Dec. 12-13
Panzerotti Day	Dec. 18
Winter Holidays	Dec. 23- Jan. 7
Welcome Back!	Jan. 8

Primary Choir

Primary choir has started up again at Forest Glen! Over the last month, the choir has been practicing a song for the Remembrance Day assembly. The choir is directed by Mrs. Erb and Mrs. Hobson.

Student Activity Council (SAC)

SAC is up and running for this year and we have 14 student members who are keen and excited to run events throughout the year.

SAC hosted a Fall Fling Dance on Friday, October 27th. There was a \$2 entry fee and the money went to support our Prostate Movember events.

~Ms Carter, Mrs. Frey & Mr. Walkey

Terry Fox and POGO News



On Friday, September 22nd, the students of Forest Glen participated in the Marathon of Hope for the nineteenth year and in the POGO event

for the tenth year. Melanie Austin, a former Falcon who is bravely battling Leukemia, spoke to the school about her journey with cancer. Orange is the colour that is used to symbolize leukemia. Students wore orange bracelets to show their support for Melanie. After a quick warm up lead by Mr. Walkey and crew, students ran laps of the school, the soccer field, or completed the Laschinger Loop. The field and Laschinger Blvd were lined with flags with encouraging messages and tributes to Terry Fox. We wish to thank the Falcon community for their donations to the Terry Fox Foundation and POGO to provide funds for research in the fight against cancer. This year, \$2,862 was raised for The Terry Fox Foundation. Our Pretzels for POGO event raised \$400 for the Pediatric Oncology Group of Ontario. Over the last eighteen years, Forest Glen has raised a total of \$29,799 towards cancer research. Forest Glen students and staff continue to "Try Like Terry" and model hope, resilience, commitment, and caring daily.



Music News

It's been so wonderful to be back at singing again this fall! Both the Junior Choir and the Intermediate Ensemble have been enjoying rehearsals where we've been singing a variety of pop and rock songs from various decades, as well as preparing a piece for Remembrance Day. Junior Choir meets Day 5, 1st break and Intermediate Ensemble meets Day 4, 2nd break.

New members are still welcome to join!

~Mrs. Miller

Holiday Marketplace

The Holiday Marketplace is back again this year! We will be collecting gently used toys, books and small gift items for the sale. Students will then have an opportunity to shop the sale during class to surprise family members with a present. More information will be provided but until then, mark these dates on your calendars!

Donation Drop-off: December 4-8

Marketplace Sale: December 12 and 13

This event can only run with the help of parent volunteers. Anyone interested in volunteering please contact School Council representative: April Brown aprilkathleenbrown@gmail.com

Field Hockey News

We had a great field hockey season! The team consisted of 20 girls who were all eager to learn and have fun. They gave it their all in both practices and games, and their proud team spirit shone through in the way they competed. The Falcons finished the season with two wins, two losses, and one tie. We were also fortunate to have a practice early in the season with the WO Duckies field hockey team, and gain valuable skills from their players and coaches. Thank you to all the members of the team for another great season! A big thank you to Mr. Sitts and Mrs. Williams for coaching the girls! Your involvement has kick started a lifelong passion of Field Hockey for many in the New Hamburg community!

Sports News

Our Falcon athletes have returned to the nest with Boys' Football, Girls' Field Hockey, Girls' Football and Running Club. Our boys football team captured another Championship, marking the eighth year in a row that we have defended our title. The boys won in thrilling fashion, coming down to the last play of the Championship game. The Falcon running club cemented their reputation as one of the premier clubs in Waterloo. The team featured 12 plus runners who competed in 3 runs this year with many runners finishing in the top 5. The Girls' Football team enjoyed a memorable season. The team featured over 30 athletes who played hard and were fierce competitors but demonstrated great etiquette and modesty while playing against seasoned competitors. We are looking forward to another great season of athletics here at Forest Glen. Go Falcons!!!

~Mr. Walkey