

in conjunction with the

Franklin Parent Council

invite you to attend

BEYOND THE SANDWICH

How busy families can prepare nutritious, budget friendly lunches your child will enjoy.

Presentation by **Andrea D'Ambrosio**

Registered Dietitian from Dietetic Directions



Wednesday, Oct. 24, 2018 6:15 refreshments and mingling 6:30-7:30 pm - presentation <u>Franklin PS (gymnasium)</u> Door Prizes and refreshments will be provided

Please RSVP at: <u>bit.ly/beyondthesandwich</u> by Oct. 20th, 2018.

