

# DEAN ROBERT CHITTOCK

## MEDICINE



Inducted: 2010  
Years at GCI & VS:  
1973-1978

Dean Chittock was born in Galt on November 2, 1959 and attended Hespeler Public School. Dean's mother, Margaret Chittock, died of cancer in 1975. The death of his mother had a significant influence on his desire to pursue a medical career.

Dean fell in love with the sciences, and in particular, the biological sciences while at GCI. He then earned a Bachelor of Science degree at the University of Western Ontario where he also attended medical school, graduating with honours in 1988. Dean continued his work at UWO, training to be a specialist in internal medicine. Dean also pursued sub-specialty training in respiratory and critical care medicine before continuing his career at Vancouver General Hospital and the University of British Columbia, where he has served as an assistant professor in the school of medicine.

In 2000, Dean earned his Masters degree in Clinical Epidemiology and Statistics at the Harvard University School of Public Health. He then became director of research for critical care medicine at Vancouver General Hospital where he instituted a research program to study how to improve outcomes for critically ill patients.

Much of Dean's work has focused on how to improve the quality of patient care. To this end he started a Critical Care Outreach Team at Vancouver General Hospital. The team is a unique group of specialized doctors, nurses, and respiratory therapists

who deal with patients who need to be admitted to an intensive care unit or who need help to prevent cardiac arrest.

Dean has served in several administrative capacities for Vancouver Coastal Health, Vancouver General Hospital, and the University of British Columbia hospital. As regional medical director of critical care medicine he supervised the strategic planning for an entire health region that included ten acute care hospitals. As division head for critical care medicine at UBC he directed the academic activities of the division.

Despite numerous administrative commitments, Dean has continued to pursue research associated with critically ill patients. He has published several articles and made many presentations to various medical groups. In 2001 he was the recipient of the Fay Dirks award for excellence in teaching at UBC. In 2009 he was a co-author of a landmark paper published in the *New England Journal of Medicine* about the best way to treat diabetes in the intensive care unit.

Dr. Dean Robert Chittock lives in Vancouver, BC with his wife and three children.

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