

[PSK 4UI Exemplar for Paraphrasing and Citation Activity](#)

What is a paraphrase?: a paraphrase is a summary of the main ideas within a resource that you write in your own words. Paraphrasing is shorter in length compared to a summary. Because these ideas are NOT your own, you need to give credit to the source. This course uses MLA style; therefore, this credit is presented as in-text citations.

Read an excerpt from a 2014 article by author, Buzz Bissinger, entitled, *Is Football Too Dangerous?*. This article appeared in the *Washington Post*. As you read it, highlight the points that you feel best summarize the paragraph.

If I had a young son who wanted to play football, I would make sure he understood a few things first. I would tell him about a brain disease called chronic traumatic encephalopathy, or CTE, which is caused by repeated concussions. Autopsies of many former pro football players have revealed CTE. Its long-term effects include headaches, depression, erratic behavior, and early-onset Alzheimer's (dementia). Research indicates that the younger someone begins playing football, the more prone they are to concussions, because their bodies and brains are not fully formed. And it's not just concussions that can cause lasting brain damage: CTE can develop simply from the repetitive hits that are an unavoidable part of football. Pop Warner, the nation's largest youth football organization, conceded the danger when it announced in June that it would limit high-speed contact in practices. Of course, head injuries aren't the only long-term risk: Football players can develop crippling arthritis that makes it impossible for them to walk without a cane in middle age. And if my son still wanted to play football after hearing all this, I'd say no. Because that's what parents do: protect their kids from harm when they can.

Bissinger, Buzz. "Is Football Just Too Dangerous?" *The Washington Post*,

www.thewashingtonpost.org/sports.opinion/foot/aRtdz33. Accessed 12 February 2018.

Now look at the various ways you can use the opinions and main ideas expressed in the passage in **paraphrased sentences**. Notice that for all examples, the in-text citation is present.

- Bissinger claims that he would want his son to learn about the dangers of football first (Bissinger). **author's name is included in reworded sentence*
- In his “Is Football Just Too Dangerous?”, the author writes, “The younger someone begins playing football, the more prone they are to concussions, because their bodies and brains are not fully formed” (Bissinger). **direct quote with reference to source*
- According to Bissinger, there are many possible dangers to playing football as “players can develop crippling arthritis” (Bissinger). **both author's name and direct quote is used*
- One sports journalist describes how head injuries that occur within a sport have proven to be one reason for the onset of a brain disease called CTE (Bissinger). **general reference to the profession or identity of the author without including their name in the sentence*

Here are two examples of how you would include a reference to a figure, image or table within your writing using in-text citations. Normally, the images would appear underneath the paragraph or at the end of the entire essay/report.

- a) Bissinger describes how “Autopsies of many pro-football players have revealed CTE” (see Figure 1).

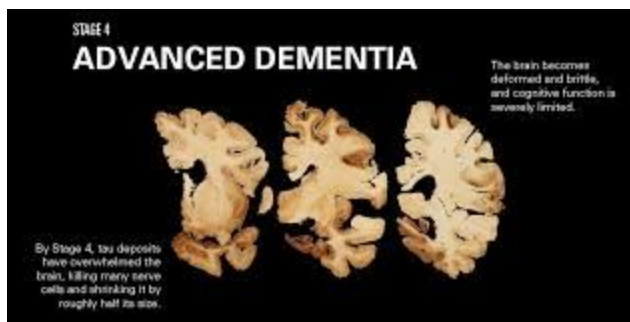


Fig. 1. Images showing the stages of Dementia in athletes
“How CTE Affects the Brain.” *PBS Frontline*, 3 October 2013,
<https://www.pbs.org/wgbh/frontline/article/the-four-stages-of-cte/>

b) The article, *Is Football Just Too Dangerous* reveals a shocking statement that argues that the younger a person plays a high-speed sport, the more prone they are to injury (see Table 1).

Table 1

Concussion rates among different youth sports.

Sport	Concussions per 100,000 athletic events
Football	64
Boys' ice hockey	54
Girl's soccer	33
Boys' lacrosse	40
Girls' lacrosse	31
Boys' soccer	19
Boys' wrestling	22
Girls' basketball	18.6
Girls' softball	16
Boys' basketball	16
Girls' field hockey	22
Cheerleading	11.5
Girls' volleyball	6
Girls' gymnastics	7
Boys' baseball	4.6

Source: "The Truth About Concussions." *Johnson Blog*, 1 February. 2016, <http://www.blog.drrogenajohnson.com/home/the-truth-about-concussions/>

Note that the citations are in alphabetical order and that the second line is indented.

Works Cited

Bissinger, Buzz. "Is Football Just Too Dangerous?" *The Washington Post*, [www.thewashingtonpost.org/sports/opinion/foot/aRtdz33](http://www.thewashingtonpost.com/sports/opinion/foot/aRtdz33). Accessed 12 February 2018.

"How CTE Affects the Brain." *PBS Frontline*, 3 October 2013, <https://www.pbs.org/wgbh/frontline/article/the-four-stages-of-cte/>. Accessed 12 February 2018.

: "The Truth About Concussions." *Johnson Blog*, 1 February. 2016, <http://www.blog.drrogenajohnson.com/home/the-truth-about-concussions/>. Accessed 12 Feb. 2018.

Student Assignment

Learning Goals:

I will be able to...

- Write a paraphrased paragraph that contains different styles of in-text citations**
- Locate an image to enhance my paragraph and refer to it with an in-text citation**
- Locate a table to support my paragraph and refer to it with an in-text citation**
- Include a Works Cited list to conclude my task**

- 1. Open a new Google Doc and put your name in the title.**
- 2. Read the [linked article](https://www.cbsnews.com/news/screen-time-digital-eye-strain/) about the consequences of too much screen time.**

<https://www.cbsnews.com/news/screen-time-digital-eye-strain/>

3. Compose a short, paraphrased paragraph that contains at least four in-text citations. For two of your sentences, make a reference to an image and a table (or statistical figure) that enhances your summary. Underneath your paragraph, include your selected image and table with proper captions.

4. Lastly, create a Works Cited (in MLA format) for ALL of the the sources used for this practice activity. This should appear below your images. You should only have to print one page.

Upon your submission, you will receive feedback on these skills. These elements of writing are vital to your success in this course and will help you to avoid plagiarism. Please submit your work by the end of the class. Three links for documentation help are below:

[OWL Purdue MLA Style Guide](#)

[Owl Purdue University Online Writing Lab](#) (this site gives specific instructions for documenting images (pictures, tables, figures))

[PSK Writing and MLA 2014-15 Sem2](#)