November 16, 2017

Dear Parents and Guardians.

Groh Public School has been chosen to be the next big stars in DrumFIT’s upcoming promotional material!

**DrumFIT’s mission is: “TO TEACH KIDS TO LOVE CARDIO FITNESS FOR LIFE!”**

DrumFIT is a non-competitive, cardio-drumming program.  DrumFIT addresses students’

physical, emotional, and intellectual needs, making ﬁtness easy to teach and a blast to learn!

As a parent, you no doubt understand the importance of quality physical education

programming for kids! Not only are active students better learners, but they are less stressed,

better behaved, and have better self-esteem. DrumFIT is excited to come to Groh P.S. for an

unbeatable drumming event and hope you will join us!

DrumFIT is giving Groh P.S., two FREE DrumDAYS and a Family Fun Night, where our students will have the amazing opportunity to experience DrumFIT and then we are inviting parents to get in on the fun! In order to participate in this amazing DrumFIT event we need a signed release for each student and parent in attendance.

Students will be participating in the DrumFIT event and being videotaped on Monday,

December 4 and Tuesday, December 5.  Parents and students will be invited to participate Tuesday evening from 6:00  to 8:00 p.m. in the gym. There will be 3 time slots available 6:00pm- 6:30pm, 6:45pm-7:15pm, and 7:30pm -8:00pm. To reserve a spot with your family please email [**grohps.drumfit@gmail.com**](mailto:grohps.drumfit@gmail.com)with your preferred time slot and number of people attending and you will receive a confirmation email with your allotted time. We encourage all parents to join us and enjoy a fun family fitness night!

In order for your child to be videotaped for DrumFIT’s promotional video, we are asking parents to complete the attached form.  If you plan to join us for the family fitness night please

fill out a form for yourself as well.  Please return this form by **Friday, November 24th** for your

student to be able to participate.  We look forward to drumming with you!

If you have any further questions or concerns, please contact me at the school.

Yours truly,

Helmut Tinnes

Principal