

P.D. Day & March Break Camps!

P.D. Day

Friday January 30, 2015
Cost: \$35/Day

March Break

March 16- 20, 2015
Cost: \$163/Week, \$35/Day

at the Breslau Community Centre

GAMES, CRAFTS, SPORT, BAKING, SPECIAL EVENTS & MORE!

8 – 9 am Supervised drop off

9 am – 4:30 pm Program

4:30 – 5 pm Supervised pick up

For Children 5 – 12 years old

WINTER PROGRAMS

Breslau Community Centre

FITNESS

Kids Yoga (7 – 12 years): This program will ground children and connect them with their inner self to create a more powerful and confident individual. *Parents may participate with their child

Dates: Monday January 12-March 9 (No Program February 16)

Time: 5:30-6:15 pm

Cost: \$56/ 8 weeks

Teen Yoga (13 – 16 years): Introduces young adults to the concepts of yoga. This program will connect them with their inner self to create a more powerful and confident individual.

Dates: Monday January 12-March 9 (No Program February 16)

Time: 6:15-7:00 pm

Cost: \$64/ 8 weeks

SPORTS

Ball Hockey (ages 4-6 & 7-12 years): A portion of the session is devoted to skills development followed by a game of shinny.

Dates: Monday January 12-March 9 (No Program February 16)

Time: Ages 4-6 years, 5:15-6:00 pm Ages 7-12 years, 6:00-7:00 pm

Cost: \$35.25/ 8 weeks

NEW Indoor Soccer (6-12 years): A fun way to spend some energy while running, kicking, passing and scoring! This program will teach the basic ball handling skills and strategies related to this popular sport.

Dates: Saturday January 10 – March 7 (No program February 21)

Time: 11:30 am –12:30 pm

Cost: \$35.25/ 8 weeks

NEW Badminton (7-12 years): This program is an introduction to the basic techniques and rules of badminton and is designed for youth who have little or no playing experience.

Dates: Thursday January 15- March 5

Time: 6:00-7:00 pm

Cost: \$35.25/ 8 weeks

Dance (6-12 years): Participants will spin, jump and twirl learning skills in a variety of dance styles. Dancers will work on creating a finale routine to perform.

Dates: Saturday January 10 – March 7 (No Program February 21)

Beginner Gymnastics (6-8 years): Please stay tuned for more information. If you are interested in the gymnastics program please call the Community Centre at 519-648-9524 to place your name on the call list.

Karate (5-12 years): Great for beginners and returning students. Instructor Sensei Jeff

Dates: January 3, 10, 17, 24, 31, February 7, 28, March 7, 14, 21

Participants must register the first day of the program with Jeff

Time: 9:00-10:00 am

Cost: \$100/ 10 weeks

Birthday Parties - Stay Tuned for More Information on Themed Birthday Party Packages

Winter Registration Begins Tuesday December 16

6:30 am - On Line at www.woolwich.ca or In Person at the Breslau Community Centre 4:00-9:00 pm

For More Information please call 519-648-9524

COOKING/BAKING

Cupcake Decorating Workshop (7-12 years): Show your creativity with these oh so popular tiny cakes. Learn basic techniques and decorate with a variety of embellishments. No previous skills needed. Supplies are included.

Date: Thursday, February 12

Time: 6:00-8:00 pm

Cost: \$16/ class

NEW Teen Cuisine (13-17 years):

Enjoy a fun filled, hands on culinary experience. Each week participants explore a variety of dishes and learn different cooking methods.

Wednesday February 4 **Soup Sensations** - Enjoy hands on experience preparing and cooking tasty butternut squash soup from scratch.

Wednesday February 11 **Having a Party** - Learn how to prepare fun, delicious cupcakes for your friends

Wednesday February 18 **Working out Lifestyle** - Explore eating with protein, snacks and mini meals. Create great on the go meal options to optimize your workout with healthy lifestyle recipes.

Wednesday March 4 **Pizza Party** – Create your own personal pizza

Cost: \$21.50/ per class

GENERAL INTEREST

Crafty Corner (5-8 & 9-13 years): Calling all crafty kids! Children will have a great time getting messy and creating works of art while having fun. Each week will feature different arts and craft projects.

Dates: Tuesday January 13 – March 3

Time: Ages 5-8 years, 5:15-6:00 pm Ages 9-13 years, 6:00-7:00 pm

Cost: \$46.50/ 8 weeks

LEGO Builders (5-7 & 8-12 years): Join other LEGO fans for building challenges and weekly themed builds. Bring your creativity, we provide the LEGO.

Dates: Thursday January 15 – March 5

Times: Ages 5-7 years, 6:00-7:00 pm Ages 8-12 years 7:00-8:00 pm

Cost: \$35.25/ 8 weeks

Maryhill Community Centre

Babysitter Course (Red Cross) (11 years +): Participants learn how to provide care to younger children in a variety of age groups, and how to prevent and respond to emergencies.

Date: Saturday January 24

Times: 8:30 am –5:30 pm

Cost: \$60/ class

LEGO Builders (5-7 & 8-12 years): Join other LEGO fans for building challenges and weekly themed builds. Bring your creativity, we provide the LEGO.

Dates: Monday January 12 – February 23 (No Program February 16)

Times: Ages 5-7 years, 6:00-7:00 pm Ages 8-12 years 7:00-8:00 pm

Cost: \$26.40/ 6 weeks

Bloomingtondale Community Centre

Home Alone Safety for Kids (Safety on Site) (9-12 years): Is your child ready to stay home alone? The Home Alone Safety for Kids program helps children and their families get ready for their child's first steps towards independence and being without adult supervision.

Date: Saturday February 28

Times: 9:00 am –4:00 pm

Cost: \$50/ class

Woolwich Memorial Centre - Visit www.woolwich.ca for program information

For additional information on Toddler, Adult and Fitness Classes visit www.woolwich.ca or call the Breslau Community Centre during Customer Service Hours 519-648-9524 Monday - Friday 4:00-9:00 pm, Saturdays & Sundays 10:00 am -3:00 pm