



Wilmot Healthy Communities Coalition 8th Annual



Living Well Festival

April 24-25, 2015 Wilmot Recreation Complex
1291 Nafziger Road, Baden

“Partner-Up for Wellness”

Featuring the Wilmot Community Corner and Market

Learn about local resources/businesses and purchase local products

Free activities for the entire family

Friday April 24

6:30-9:00 p.m.: Public roller skating

7:30-9:30 p.m.: Coffee House showcasing local talents

Saturday April 25

10:00 a.m.-1:30 p.m.: Wilmot Community Corner & Market

10:00 a.m.-1:00 p.m.: Read Well Day

12:00p.m.-1:30 p.m.: Community BBQ

12:30p.m.-2:00 p.m.: Public ice skating

12:30p.m.-2:00 p.m.: Demos of Wilmot Township fitness and art classes

Roller-Skate

Kids Activities

Family Fun

Ice-Skating

Free Community BBQ

Coffee House

Resources

www.whcc-healthywilmot.org

Volunteer! Exhibit! Sponsor! Participate in the Coffee House!

Visit our website for details or contact 519-588-5916 whcc.nh@gmail.com



Wilmot Healthy Communities Coalition 8th Annual Program



Thursday, April 23

7:00-9:00 p.m. Networking and Community Event "Partner-Up for Wellness"

Special event sponsored by The Healthy Connection and hosted in partnership with the Coalition and The Blue Moon (Petersburg). Join us at The Blue Moon (Winter Room) to celebrate businesses and people who support health in Wilmot Township

Friday, April 24. Free events for the entire family

6:30-9:00 p.m. Public roller skating

Social recreation along with physical activity keeps you healthy. Skate rentals are free and roller blades are welcome. ALL 16 years olds and under MUST bring and wear a helmet

7:30-9:30 p.m. Coffee House hosted by John Wiebe

Celebrate local musical talents while helping to strengthen our community, promote social bonds, and support our youth.

Saturday, April 25. Free events for the entire family

10:00 a.m.-1:30 p.m. Wilmot Community Corner & Market

Learn about local food producers, resources, businesses, agencies and groups servicing the Township. New this year! – Businesses who work out of a commercially zoned area in Wilmot will be allowed to sell items

Storyteller Derek Brisland -10:30 & 11:30 a.m. Tweens, Young Adults & up. 1:00 p.m. Families with children

10:00 a.m.-1:00 p.m. Read Well Day presented by Region of Waterloo Library

READ & EXPLORE Drop-in Centres

Explore Library Pop-up Zones - Lego, Soft blocks, Gears and Slots

Creative Beginnings Childcare Centre – Craft Centre-create and explore

New Hamburg and Area Co-operative Preschool - Reading corner and storytime with teacher Holly

YMCA Ontario Early Years Centre – Digital Storytime & free time to explore children's apps

Wilmot Family Resource Centre – Kids in Motion - Come and have fun while developing gross motor skills (for children walking to 6 years). Activity runs until 12:30 p.m.

KWC Babywearing Group – They will help you find a carrier that works for you, explain the different carrying methods, and help you wrap up your baby

STORYTIMES

10-10:30 a.m. & 11:30 – 12:00 p.m. Baby and Me – newborn to 12 months

10-10:30 a.m. Digital Storytime & time to explore

10:30-11:00 a.m. Storytime with teacher Holly

11:30 – 12:00 p.m. Family storytime

Submit your family's passport for a FREE book!

12:00-1:30p.m. Community BBQ sponsored and served by your Township Council

12:30-2:00 p.m. Demos of Wilmot Township fitness and art classes. Check our website for details

12:30-2:00 p.m. Public ice skating. Join the Wilmot Youth Action Council for a fun afternoon of skating. A nice way to end the day!