## WRDSB Character Attribute: Empathy

## I Deal Peacefully with Everyone

Looks Like	Feels Like	Sounds Like
<ul> <li>Listening bodies</li> <li>People talking using eye contact</li> <li>Hands to yourself</li> <li>Ignoring</li> <li>Sharing/Taking turns</li> <li>Walking away</li> </ul>	<ul> <li>Calming down</li> <li>Respect</li> <li>Decision making</li> <li>Trying again</li> <li>Remembering what tools work for problem solving</li> <li>Chance- sometimes you win some, sometimes you lose some</li> </ul>	<ul> <li>Expressing your feelings</li> <li>I-Messages</li> <li>Talking it out</li> <li>Compromising</li> <li>Asking for help</li> <li>Apologizing and forgiving</li> <li>Using manners</li> </ul>

<sup>\*</sup>bold points are Tools for Problem Solving