



## COVID-19 testing in Ontario schools – Phase 1

### **Subject: COVID-19 testing available for students and their family members on March 14, 2021**

To ensure that our school remains safe for all to learn and work in, we have partnered with LifeLabs, Canada's largest medical laboratory, to provide free COVID-19 testing for all students and their family members, teachers, and staff at Jacob Hespeler Secondary School.

COVID-19 testing is voluntary and only for asymptomatic individuals (those who are not experiencing any COVID-19 symptoms.)

If you are interested in participating, testing will be available on the following date:

- Date: March 14, 2021
- Time: 10:00 am – 2:00 pm
- Location: Jacob Hespeler SS – 355 Holiday Inn Drive, Cambridge

Asymptomatic testing is an important layer of protection that helps to track and prevent the spread of COVID-19. Increased testing may also help to reduce stress and anxiety related to the virus by identifying cases early and avoiding outbreaks.

### **Drop in when you can or register ahead of time**

Participants are able to walk-in to the location during the allocated testing time. Or, if you would like to register ahead of time, please sign up at [my.thrive.health](https://my.thrive.health) using these unique registration codes for your school: Waterloo-hubsite3

### **Our Goal = less discomfort!**

The test process is very simple and safe and the collection site will be staffed by professionals who will be following a multitude of safety parameters. LifeLabs uses a swab similar to a Q-tip that is inserted into the front part of the nostril and rotated for fifteen seconds (per nostril). After the sample is collected, the test results will then be available within 24-48 hours on LifeLabs WorkClear Thrive application. If an OHIP number has been provided at the time of check-in/registration results will also be uploaded to [covid19results.ehealthontario.ca](https://covid19results.ehealthontario.ca).

Thank you for helping us keep the Jacob Hespeler Secondary School community safe and healthy so that we can avoid any further disruption from the COVID-19 virus!