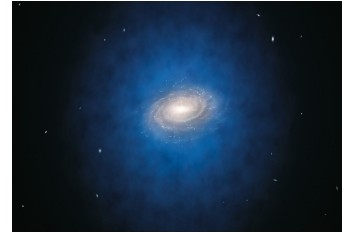




The Universe

Janet Metcalfe Online Newspaper
March, 2019 Vol 2



Fun at ugly sweater day!

Photo by: Vani and Unknown

Ugly sweater day plus!

MAC students spend a lot of time thinking of fun activities for our entire school. Leading up to holidays is always a fun and exciting time and Ugly Sweater Day was a great way for students to show their school spirit.



She's a Christmas tree!

JMe's first ever character day

By: Artem

On Thursday, December 20, 2018, students and teachers were invited to dress up as any winter character. Anyone who dressed up could go to the gym for a photo as a memory of all the wonderful winter characters that people dressed up as. This event was organized by the Maverick Activity Council, who are a group of kids who come up with amazing ideas for students and staff to have fun together. People dressed up as Santa, Frosty the Snowman, Santa's Elves, and many more.

This was another successful event that brought kids closer together and was a great spirit day at JMe.



The winners of the door decorating contest were 7A and 2B

Jme's first ever door decorating contest

By: Vani

On December 17, 2018, JMe had their first ever Door Decorating Contest, where all the classes participated and tried to make the most creative, winter-themed door. Everyone was in a competitive and Christmas spirit, but I everyone had a lot of fun.

This event encouraged students to work together as a team, it helped students learn to work together and collaborate.

In the end, all the doors turned out to be magnificent! The judges had a very hard time choosing the winners. One of the judges was our very own, Principal Hale who she said she was very proud of all the classes because what they were looking for in the doors was to see how many people helped to make it and if it was a team effort.

All classes enjoyed this great spirit day! Big thanks to the Maverick Activity Council, for planning all these fun spirit days for us!



Movie day a hit

More MAC activities included movie day. A variety of movies were shown with something for everyone including Home Alone, Polar Express, and Ice Age. Students enjoyed a cup of hot chocolate while watching their favourite movie.



Kids receive vaccines

January 24th was the day when the grade 7s received vaccines for meningitis and Hepatitis B in the library. They had a safe healthy time. Students who did not receive their vaccination can receive them at their family doctor.



Photo by: Khadija

HERO GEM night

Families and friends enjoyed a great night of song and slide show presentation of our Hero Gem program.



Choir and ukulele

Mrs. Carter started a choir for those who wanted to sing their hearts out, and there was a large showing of people with that very passion. Both choirs, (intermediate and junior) got the chance to sing some truly beautiful songs. The ukulele club has also been a hit with many students learning a new and fun instrument.



Dairy presentations at JMe

A number of classes got to participate in interactive, hands-on Dairy presentations. Students learned the process of identifying liquids and solids by observing the changes of states of matter by watching butter be made from liquid.



Basketball season was a ball

Students have had a lot of fun playing different sports at different schools, but there's been a lot of anticipation for this year's basketball season! Some students were lucky enough to become the first basketball teams at Janet Metcalfe! Both basketball teams went against grade 7s and 8s and still performed beautifully! The girls unfortunately, were not able to win their games except for against Kaufman. Good job on getting a win there! The boy's team won every game except the last two, against Baden and Forest Glen. Good job everyone!

At the end of the basketball season there was an intense, but fun game between the staff and the students. The staff won the first points and the students closely followed, but the students couldn't catch up to the staff and lost in the end, the final score being 42 - 28, in favour of the staff. Good job Mavericks on a great basketball season!



Dance assembly showed the moves

Grade 7 students wowed the entire school population with their dance moves at a school assembly.



Fun abounded at twin day

It was the first ever Twin Day on February 28, 2019, at Janet Metcalfe Public School. Students were to select someone and both people were to wear the same clothes. The more staff and Students looked like twins, the more it was fun. In some cases, it was triple or quadruplets plus, day! Students and staff thank MAC because they organized Twin day.



Ultimate Dabber! Ms McDonald (that's Mc not Mac)

W
O
R
D

F
U
N

Word game fun by

Sakib

Let's just say that words in English can be weird and the people that made English really can't follow rules. It seems they just took a bunch of random languages like Latin and French and German and called it a language. For example, I'm pretty sure you know what the word 'so' means, but 'sew' means to use a needle to sew buttons. However, the word 'sow' means to plant seeds but if you change the pronunciation it also means a female pig (sow). No wonder people have a hard time learning English.



Anti-bullying the message; John Howard the medium

Ms.J, a presenter from the John Howards Society recently spoke to the students of JMe about the five different types of bullying and its effects. The five different types of bullying are verbal, physical, social, cyber, and threats and intimidation. She talked about how people in your life may try to destroy your "Wall". She described your wall as things you love about yourself. To protect your wall from people you could tell someone to stop, and don't respond the way they want you to. She compared this to a fish taking the bait and told students not to take the bait as it may cost you your life. If you see someone getting bullied and you don't do anything about it you are automatically a bystander. There are three types of bystanding: Fire Watcher, Fire Leaver, and Fire Feeder. The Fire watcher is the person who watches the person getting bullied and just watches without doing anything. The Fire Leaver leaves the problem without helping. The Fire Feeder does things to make it worse, like spreading rumours, cheering the bully on, and yelling hurtful things. The students at JMe learned a lot about the effects of bullying and how to prevent it.



ECO friendly

The ECO club started in November, 2018. It consists of grade sevens want to save the environment. Mrs. Kraus and Ms. Sestan Jones agreed to help find a way to teach our students to help save the environment. They recycle papers every Monday. They want us to help take care of the Earth and make it a better place. Great job Eco club members!

Earth Hour is Saturday March 30. So our school will participate on Friday, March 29, last block. We hope our actions will spark further discussion and interest in climate change and sustainability.

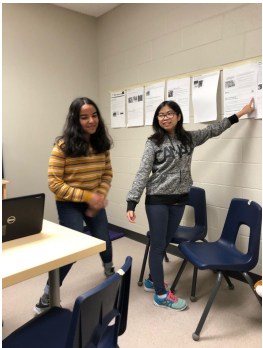
Earth Hour started in 2007 as a symbolic “lights out” event in Sydney, Australia and is now the largest grassroots movement for the environment, inspiring millions of people to take action on climate change.

Earth Hour can be spent in any number of ways that help foster a sense of community in your school. In addition to turning off your lights, other supports may include:

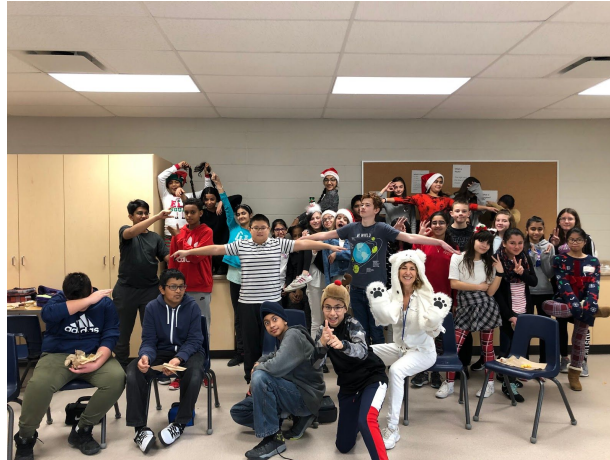
- **Waste cleanup on your school grounds**
- **Sorting recycling**
- **Undertaking a waste audit**
- **Put your personal device away and enjoy nature**

- Participating in a boomerang lunch
- Making curriculum linkages to Earth Hour
- Shut off your high electricity equipment like photocopiers, printers, and computer labs
- Don't print or photocopy all day
- Participate in a Kahoots Quiz to test your school's eco-awareness at <https://kahoot.com/explore-games>

Newspaper



shenanigans



Editorial by Naomi

It is challenging work putting a newspaper together. It is challenging managing people. It is challenging to motivate people. Our entire newspaper staff is learning that communication is important. Deadlines are important. And holding each other accountable is a must. Our first paper, which was a huge undertaking was exhilarating and satisfying. This paper has shown how important it is to stay focussed and responsible for commitments. Our newspaper staff has been passionate and our expectation is that it will be considered a great effort for our first year.

Newspaper staff

Vani, Naomi, Sloan, Rama, Jasica, Artem, Lina, Dawit, Sakib, Supreet, Khadija, Sheenthel, Ananya, Reja, Rozie, Malreen, Sarah, Prutha, Andrea, Madison, Elyna, Aidan C, Jazzy, Ruby, Ranveer, Maryam, Sylena, Abhiraj, David, Fahim, Kevin