

# REFERRAL LIST



Region of Waterloo  
PUBLIC HEALTH

Note: The most up-to-date Referral List can always be found on the Region of Waterloo Public Health Website at [www.region.waterloo.on.ca/ph](http://www.region.waterloo.on.ca/ph) (search for "Referral List"). This list was compiled as an introduction to programs and services in Waterloo Region to which families with children 0-6 years of age may be referred when there are developmental or parenting supports required. This is not an exhaustive list of programs and services in Waterloo Region. For a full listing of programs and services with geographic mapping, go to the New Parent Resource Guide at [www.parentguide.ca/waterloo](http://www.parentguide.ca/waterloo).

Presenting Concern	Program / Service	Phone No.
Autism	Developmental Services Access Centre – <a href="http://www.dsac-wr.com">www.dsac-wr.com</a> <ul style="list-style-type: none"> <li>Access to assessment and support services for children suspected or identified with autism</li> </ul>	519-741-1121
Breastfeeding	Healthy Children Info Line – Region of Waterloo Public Health – <a href="http://www.region.waterloo.on.ca/ph">www.region.waterloo.on.ca/ph</a> <ul style="list-style-type: none"> <li>Provides breastfeeding information and referral to community resources and services</li> </ul>	519-883-2245
Child Care	Child Care Connection – Database of licensed childcare programs – <a href="http://www.childcareconnection.ca">www.childcareconnection.ca</a> <ul style="list-style-type: none"> <li>Advice and resources on quality child care for parents and caregivers</li> </ul>	519-741-1811
	Home Child Care – Region of Waterloo – <a href="http://www.region.waterloo.on.ca/web/social.nsf">www.region.waterloo.on.ca/web/social.nsf</a> <ul style="list-style-type: none"> <li>Flexible child care provided in licensed private homes for families who are eligible for Child Care Subsidy</li> <li>Cambridge: 519-740-5760</li> <li>Kitchener-Waterloo and other areas in Region of Waterloo: 519-883-2220</li> </ul>	519-740-5760 519-883-2220
	Child Care Subsidy – Region of Waterloo – <a href="http://www.region.waterloo.on.ca/web/social.nsf">www.region.waterloo.on.ca/web/social.nsf</a> <ul style="list-style-type: none"> <li>Child care subsidy is available for parents who qualify and cannot afford to pay their own child care costs. Call for information.</li> </ul>	519-883-2200
Community Health Centres (refer to websites for satellite sites)	Kitchener Downtown Community Health Centre – <a href="http://www.kdchc.org">www.kdchc.org</a>	519-745-4404
	Langs Farm Village Association Community Health Centre (Cambridge) – <a href="http://www.langs.org">www.langs.org</a>	519-653-1470
	Woolwich Community Health Centre – <a href="http://www.wchc.on.ca">www.wchc.on.ca</a>	519-664-3794
Counselling and Parenting (refer to Yellow Pages for additional Counselling Services)	Note: All counselling agencies provide individual, family and group counselling, children's programs, treatment programs and parenting programs. Call for more information.	
	Catholic Family Counselling Centre – <a href="http://www.cfcc.ca">www.cfcc.ca</a>	519-743-6333
	Family Services Cambridge and North Dumfries	519-621-5090
	Interfaith Community Counselling Centre (New Hamburg) – <a href="http://www.interfaith.golden.net">www.interfaith.golden.net</a>	519-662-3092
	K-W Counselling Services – also provides walk-in clinic – <a href="http://www.kwcounselling.com">www.kwcounselling.com</a>	519-884-0000
	Woolwich Community Health Centre (St. Jacob's) – <a href="http://www.wchc.on.ca">www.wchc.on.ca</a>	519-664-3794
	Woolwich Interfaith Counselling Centre (Elmira)	519-669-8651
Dental (refer to Yellow Pages for local dentists)	Dental Clinic – Region of Waterloo Public Health – <a href="http://www.region.waterloo.on.ca/ph">www.region.waterloo.on.ca/ph</a> <ul style="list-style-type: none"> <li>Provides dental clinics, dental screenings, urgent dental treatment and basic dental care for families without dental insurance, no ability to pay for dental care and/or receiving OW or ODSP</li> </ul>	519-883-2222
Developmental / Physical Concerns / Special Needs	Developmental Services Access Centre – <a href="http://www.dsac-wr.com">www.dsac-wr.com</a> <ul style="list-style-type: none"> <li>Intake services for children with a developmental disability; family support services</li> <li>Clinical Services such as psychological assessments</li> </ul>	519-741-1121
	Infant and Child Development – Region of Waterloo – <a href="http://www.region.waterloo.on.ca/web/social.nsf">www.region.waterloo.on.ca/web/social.nsf</a> <ul style="list-style-type: none"> <li>Family centered early intervention services for children birth to 5 years at risk or with developmental delays.</li> </ul>	519-883-2268
	KidsAbility – Centre for Child Development – <a href="http://www.kidsability.ca">www.kidsability.ca</a> <ul style="list-style-type: none"> <li>Therapeutic, educational, support services and medical consultation for children with physical, developmental and/or speech and language concerns</li> <li>Physiotherapy, occupational therapy, speech language pathology, social work, therapeutic recreation</li> <li>Augmentative Communication Services, Autism Intervention Services, Infant Hearing Program, Blind Low Vision Program</li> </ul>	519-886-8886 ext. 214
	Child Care Special Needs Access Point (SNAP) – <a href="http://www.ccsnap.com">www.ccsnap.com</a> <ul style="list-style-type: none"> <li>A single point of access for special needs services for children in licensed child care settings, delivered by a partnership of agencies including: Community Living Cambridge, Developmental Services Access Centre, Elmira and District Association for Community Living, kidsLINK, KW Habilitation Services and KidsAbility.</li> </ul>	519-741-0076
Education and Specialized Support Services (for school enrolled children)	Note: For information on school services and resources, contact the principal at your local school. For a list of schools, see the Yellow Pages listing for "Schools-Academic-Elementary & Secondary" for each school board or their websites.	
	Waterloo Catholic District School Board – <a href="http://www.wcdsb.ca">www.wcdsb.ca</a>	519-578-3660
	Waterloo Region District School Board – <a href="http://www.wrdsb.on.ca">www.wrdsb.on.ca</a>	519-570-0003
	Conseil scolaire de district catholique Centre-Sud – <a href="http://www.csdccs.edu.on.ca">www.csdccs.edu.on.ca</a>	1-800-274-3764
	Conseil scolaire de district du Centre-Sud-Ouest – <a href="http://www.csdcsso.on.ca">www.csdcsso.on.ca</a>	1-888-538-1702

For more information on appropriate referrals, please contact the Healthy Children Info Line at 519-883-2245

Presenting Concern	Program / Service	Phone No.
Hearing (also refer to Audiologists in the Yellow Pages or ask doctor for referral to Ear, Nose & Throat Doctor)	<b>Canadian Hearing Society – Waterloo Region – 519-744-6901 (TTY)</b> <ul style="list-style-type: none"> <li>Support for deaf, deafened and hard of hearing individuals and their families</li> </ul>	519-744-6811
	<b>Central West Infant Hearing Program (ErinoakKids) – <a href="http://www.erinoak.org">www.erinoak.org</a></b> <ul style="list-style-type: none"> <li>Hearing screening at birth and when at-risk for permanent hearing loss</li> <li>Hearing, communication, education and support services for children with permanent hearing loss</li> <li>Fax referrals for physicians for children 4-24 months who are high risk (fax referral: 1-866-764-9607)</li> </ul>	1-877-374-6625
	<b>E.C. Drury School for the Deaf (Milton) – <a href="http://www.ecddf.ca">www.ecddf.ca</a></b> <ul style="list-style-type: none"> <li>Preschool home visiting program in Waterloo Region for children with permanent hearing loss</li> </ul>	1-866-906-1192
	<b>Robarts School for the Deaf (London) – <a href="http://www.robartsschool.ca">www.robartsschool.ca</a></b> <ul style="list-style-type: none"> <li>Preschool home visiting program in Waterloo Region for children with permanent hearing loss</li> </ul>	1-866-640-0044
Immunization	<b>Immunization &amp; Vaccine Preventable Disease Program (Region of Waterloo Public Health) – <a href="http://www.region.waterloo.on.ca/ph">www.region.waterloo.on.ca/ph</a></b> <ul style="list-style-type: none"> <li>Educational support to physician's offices and parents through the Info-Line</li> <li>Provides access to immunization for families without physicians</li> </ul>	519-883-2006 ext. 5273 (Info-Line)
Mental Health / Behaviour	<b>Children's Mental Health Access Centre (Lutherwood &amp; kidsLINK)</b> <ul style="list-style-type: none"> <li>Intake services for children's mental health services – also provides a walk-in clinic</li> <li>Educational groups, parenting programs, behavioural consultation/interventions &amp; home based services</li> </ul>	519-749-2932
	<b>Grand River Hospital Preschool Diagnostic and Treatment Program</b> <ul style="list-style-type: none"> <li>Early identification and diagnosis of behavioural, emotional, developmental and learning problems for children 2.5-5 years: psychiatric consultation clinic provides assessment and consultation</li> </ul>	519-749-4320
	<b>kidsLINK – Early Intervention Services – <a href="http://www.ndsa.on.ca">www.ndsa.on.ca</a></b> <ul style="list-style-type: none"> <li>Support for young children experiencing social, emotional and/or behaviour issues</li> </ul>	519-741-1122
Nutrition	<b>Eat Right Ontario – <a href="http://www.eatrightontario.ca/en">www.eatrightontario.ca/en</a></b> <ul style="list-style-type: none"> <li>Nutrition information for Ontario citizens</li> </ul>	1-877-510-5102
Parent Supports (also see "Counselling and Parenting")	<b>Family and Children's Services of Waterloo Region – <a href="http://www.facswaterloo.org">www.facswaterloo.org</a></b> <ul style="list-style-type: none"> <li>Child protection</li> <li>Guidance, counselling, supervision and supportive programs for families where children are at risk</li> </ul>	519-576-0540
	<b>Healthy Babies Healthy Children Program – Region of Waterloo Public Health – <a href="http://www.region.waterloo.on.ca/ph">www.region.waterloo.on.ca/ph</a></b> <ul style="list-style-type: none"> <li>Provision of prenatal, postpartum and early identification screening and assessment for expecting parents and families with children from birth to age six</li> <li>Home visiting and service coordination for families who require additional support (children 0-2.5 years)</li> </ul>	519-883-2245
	<b>Healthy Children Info Line – Region of Waterloo Public Health – <a href="http://www.region.waterloo.on.ca/ph">www.region.waterloo.on.ca/ph</a></b> <ul style="list-style-type: none"> <li>A phone line offering support, information and counselling by a Public Health Nurse for parents with children 0-6</li> <li>Intake for Healthy Babies Healthy Children Program at Region of Waterloo Public Health</li> </ul>	519-883-2245
	<b>Infant and Toddler Safety Association</b> <ul style="list-style-type: none"> <li>Information and resources on child safety including car seats</li> </ul>	519-570-0181
	<b>kidsLINK – Early Intervention Services – <a href="http://www.ndsa.on.ca">www.ndsa.on.ca</a></b> <ul style="list-style-type: none"> <li>Education services for parents including resource library, Parent Information Café and workshops.</li> </ul>	519-741-1122
	<b>Ontario Early Years Centres – a place where parents and caregivers can get answers to questions, access programs and services for young children, and talk to early years professionals and other parents and caregivers – <a href="http://www.earlyyearsinfo.ca">www.earlyyearsinfo.ca</a></b> <ul style="list-style-type: none"> <li>Cambridge Family Early Years Centre: 519-740-8353</li> <li>Our Place Family Resource Centre and Early Years Centre (Kitchener): 519-571-1626</li> <li>YMCA Ontario Early Years Centre (Waterloo): 519-741-8585</li> <li>Satellite sites across the region. Call the Centres above for information on satellite locations.</li> </ul>	519-740-8353 519-571-1626 519-741-8585
	<b>Speech &amp; Language</b> (see "Education and Specialized Supports" for children in school)	<b>KidsAbility – Centre for Child Development – <a href="http://www.kidsability.ca">www.kidsability.ca</a></b> <ul style="list-style-type: none"> <li>Preschool speech and language services</li> <li>Auditory Verbal Therapy (ErinoakKids – Infant Hearing Program)</li> </ul>
Vision (refer to Yellow Pages for local Optometrists and Ophthalmologists)	<b>Blind Low Vision Program (ErinoakKids) – <a href="http://www.erinoak.org">www.erinoak.org</a></b> <ul style="list-style-type: none"> <li>Early intervention and family support</li> </ul>	1-877-374-6625
	<b>Canadian National Institute for the Blind (CNIB)</b> <ul style="list-style-type: none"> <li>Early intervention vision screening and other supports</li> </ul>	519-742-3536
	<b>University of Waterloo School of Optometry Paediatric and Special Needs Clinic</b> <ul style="list-style-type: none"> <li>Vision tests for babies and children who are too young to read a traditional letter chart</li> </ul>	519-888-4567 ext. 36321

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