

Track and Field Schedule
Monday, May 29, 2017

Time	9 Girls	9 Boys	10 Girls	10 Boys	11 Girls	11 Boys	12 Girls	12 Boys
9:40-10:00	WARM-UP							
10:00-10:40	200m	200m	High Jump	Running Long Jump	Standing Long Jump	Softball Throw	200 m	200m
10:40-11:20	Standing Long Jump	Softball Throw	200m	200m	High Jump	Running Long Jump	Standing Long Jump	Softball Throw
11:20-12:00	NUTRITION BREAK							
12:05-12:45	High Jump	Running Long Jump	Standing Long Jump	Softball Throw	200m	200m	High Jump	Running Long Jump
12:45-1:30	60m	60m	Running Long Jump	Standing Long Jump	Softball Throw	High Jump	80m	80m
1:30-2:10	NUTRITION BREAK							
2:10-2:50	Softball Throw	High Jump	60m	60m	Running Long Jump	Standing Long Jump	Softball Throw	High Jump
2:50-3:35	Running Long Jump	Standing Long Jump	Softball Throw	High Jump	80m	80m	Running Long Jump	Standing Long Jump