

WINDOW INTO WELL-BEING

Free Parent & Caregiver Workshops

Please join us for "Strengthening Relationships with your Pre-Teen/Teen through Positive Parenting"
Featuring Wanda Kampijan

Wanda is serving as the co-chair of the Region of Waterloo's Positive Parenting Community Committee. She is the Coordinator of Family Supports at Our Place Early Years Centre and a parent of three children.

Resource: "Positive Discipline in Everyday Parenting" from Save the Children

WEDNESDAY JANUARY 31st ~ 7-8:30PM
Centennial Public School, 141 Amos Ave., Waterloo
Refreshments available at 6:45pm

All Parents & Caregivers of students at WRDSB Schools are welcome.

For information about childcare, interpreters, & how to register:
<http://bit.ly/2D6pmVe>



Waterloo Region
District School Board



CENTENNIAL
Public School



Our Place

Family Resource and Early Years Centre

Registration is also open for these upcoming workshops:
Monday March 5, Helping Teens and Pre-Teens with Emotions and Decision-making.
Tuesday May 1, Promoting Positive Mental Health in your Teens and Pre-teens.