

October 2022: Erb West Community Centre Programming Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> 	<p>4</p> <p>AYC Youth Club: 6:30pm-8:30pm</p>	<p>5</p> <p>Food Distribution: 10:45am-2:00pm</p> <p>High School Tutoring: 5:30-7:30pm</p>	<p>6</p> <p>Womens Group 1:00-3:00pm</p> <p>AYC Kids Club: 6:15pm-8:15pm</p> 	<p>7</p> 
<p>10</p> <p>Thanksgiving Centre Closed</p>	<p>11</p> <p>AYC Youth Club: 6:30pm-8:30pm (Keatsway)</p>	<p>12</p> <p>Food Distribution: 10:45am-2:00pm</p> <p>Newcomer Mental Health Support: 12:30-2pm</p> <p>High School Tutoring: 5:30pm-7:30pm</p>	<p>13</p> <p>AYC Kids Club: 6:15pm-8:15pm</p>	<p>14</p> 
<p>17</p> <p>Snack & Study: 4:00pm-6:00pm</p>	<p>18</p> <p>AYC Youth Club: 6:30pm-8:30pm</p>	<p>19</p> <p>Food Distribution: 10:45am-2:00pm</p> <p>High School Tutoring: 5:30pm-7:30pm</p>	<p>20</p> <p>Womens Group 1:00-3:00pm</p> <p>AYC Kids Club: 6:15pm-8:15pm</p>	<p>21</p> 
<p>24</p> <p>Snack & Study: 4:00pm-6:00pm</p> <p>English Speaking Circle 1-3:00pm</p>	<p>25</p> <p>AYC Youth Club: 6:30pm-8:30pm (Keatsway)</p>	<p>26</p> <p>Food Distribution: 10:45am-2:00pm</p> <p>High School Tutoring: 5:30pm-7:30pm</p>	<p>27</p> <p>AYC Kids Club: 6:15pm-8:15pm</p>	<p>28</p> 
<p>31</p> <p>Snack & Study: 4:00pm-6:00pm</p> <p>Halloween Potluck /Party 6:00-7:30pm</p>	<p>Centre Dropin Hours: Monday: 12:00-4:00pm Tuesday: 12:00-4:00pm Wed: Closed for food dist. Thursday: 12:00-4:00pm Friday: By Appointment</p>	<p>Contact the Centre if you are interested in Registering.</p> <p>Computers and printers available for use</p>	<p>45 Amos Ave, Waterloo / Phone: 519-497-8254 (Answered Monday-Friday: 9am-4pm) Facebook Page: Erb West Community Centre</p>	

DESCRIPTION OF PROGRAMS/SERVICES

<p>Food Distribution: provides access to healthy food through the Waterloo Region Food bank. Please call to confirm eligibility.</p>	<p>AYC: A Youth recreation program. 'AYC kids' is located at the Keatsway school gymnasium for grades 1-6. 'AYC Youth' alternates between the centre and Keatsway for grades 7-12.</p>	<p>Snack & Study: A homework support program for grades 1-8.</p>	<p>Womens Group: Includes cooking, baking, knitting, art projects and more. Please contact the Centre for more information.</p>	<p>Newcomer Mental Health Support: Our Newcomer Mental Health Facilitator (Tashi Thomson) can help connect with services, counselling and more: tthomson@carizon.ca Cell: 226-929-2948</p>
---	---	---	--	--

*There is no cost to attend any of these programs or access any services. Carizon has many other opportunities available at our other locations, so please feel free to check out the website: www.carizon.ca

If you are interested in hosting an event, programming, supporting us, or using the centre, please contact Jordan.

Jordan Wettlaufer (Community Development Worker): Available Monday – Friday by phone and during centre hours
Luma Abuarqoub (Youth Engagement + AYC) - Phone: 226-698-1075