




# 30 DAYS OF THINK!

TRUE • HELPFUL • INSPIRING • NECESSARY • KIND

**Enter to Win!  
It's easy and fun!**

**FOLLOW US:**

-  THINK
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Enter as an individual, group or class.

**CHOOSE AN ACTIVITY**

**CAPTURE IT** in a photo/video

**TAG IT** #30DaysofTHINK

**POST IT** on   

**NOVEMBER 1-30**

## THINK FIRST

November 1-9

- Share an internet safety tip
- Create your own THINK acronym
- Create a THINK word cloud
- Create a THINK meme
- Create a THINK banner
- Create a THINK pledge for your school. Make a video and challenge others to take the pledge.
- 'Map your Apps' by creating a digital footprint graphic of all the social media you use – in the shape of a footprint!
- Create a slideshow – how to be a good digital citizen
- Create a recipe for Digital Citizenship – what are the ingredients?

## THINK KINDNESS

November 10-16

- Compliment someone online
- Perform a Random Act of Kindness. Capture it.
- Create an image with a KINDNESS caption or quote.
- Create a list of suggested RAKs. Be creative.
- Send a thank you note
- Create a recipe for KINDNESS – what are the ingredients
- Create a KINDNESS word cloud
- Create a picture or poster showing why KINDNESS matters
- Create a KINDNESS pledge
- Create a Bitstrips comic about KINDNESS

## THINK RESPECT

November 17-23

- Take a selfie with someone you respect
- Share a Netiquette tip
- Create an image with a RESPECT caption or quote
- List 5 synonyms for the word RESPECT
- Create a RESPECT word cloud
- Create a Bitstrips comic about RESPECT
- Create a recipe for RESPECT – what are the ingredients
- Create a commercial to sell respect – what are the features and benefits
- Create a poster with the slogan "Respect Yourself. Respect Others."

## THINK SUPPORT

November 24-30

- Take a selfie with a supportive adult at school
- Share links to community supports
- Create a word cloud about where to seek help
- List ways to help a friend
- Write a poem or song about how you are not alone
- Create a video about the importance of getting help or asking for help
- Create a commercial or poster about who to go to at your school if you need help
- Create a THINK acronym about support & help

**WEEKLY PRIZES**

iPods • iPads • iTunes Cards • Chromebook • Guest Speakers

**WEEKLY PRIZES**

[www.preventingcrime.ca/THINK](http://www.preventingcrime.ca/THINK)

Contest rules and regulations available online.

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