# Where?

KidsAbility Centres

<u>Waterloo Site</u> 500 Hallmark Drive, Waterloo, ON N2K 3P5

> Kitchener Site 65 Hanson Ave. Kitchener, ON N2C 2H6

Contact us for more information about specific session locations.





## Contact Us:

To register for any of our programs, or for more information:

519.886.8886



1.888.372.2259

firefly-info@kidsability.ca

www.kidsability.ca/en/firefly

Firefly's music therapy program is facilitated by a registered music therapist who has extensive experience working with a wide range of needs.

All programs are therapy-based with the aim of meeting non-musical goals using musical means.

No specific diagnosis is required for a child or teen to participate in Firefly's music therapy program.

A non-refundable deposit is required at the time of registration. Call us for more information about the availability of subsidies to support families in need!

# kidsability.ca











## **Music Therapy**



Individual & Group All ages



## **Music Therapy**

Firefly Therapy Services offers music therapy programming that is tailor-made to each individual's strengths, challenges, and treatment objectives.

Speech, Motor, Behavioural, Emotional and Psychological goals can be addressed through a variety of music therapy treatment interventions. Interventions such as song writing, lyric analysis, movement to music, instrumental and vocal improvisation, guided imagery, and activity-based programming are used most often to provide positive clinical outcomes.

### **Individual Music Therapy**

Much like traditional therapies, Firefly's individual music therapy services progress through an assessment > treatment > discharge process. An assessment determines skills & challenge areas, as well as treatment expectations and directives to help meet stated treatment goals.



## **Group Music Therapy**

### Sing & Speak

A social communication group designed for children with social, speech, and/or language delays. This theme-based program uses rhythm, instrument playing ,and singing to give children the opportunity to practice skills like turn taking, requesting, and participation in a structured group setting. The program is co-run by a Speech-Language Pathologist and a Music Therapist.

#### **GLEE**

Show off your dance and vocal stylings in our 10 week GLEE group, structured to develop participant social skills, self-confidence, and creativity! Group members are invited to sing solos, sing duets, memorize lyrics, and will present their talent at a live performance!

This sensational group will be open to all participants **12-16** years of age.

#### **ROCK BAND**

In this group, each member will be exposed to a variety of musical experiences along with specific focus on one 'rock band' instrument. The session culminates in group members presenting their talent at a live performance!

This exciting and fun group will be open to participants aged **14 and up**. All clients will be asked to book a screening session to confirm eligibility. Rock Band is open to a maximum of 6 participants. Previous musical experience is welcome but not required.



- Individual music therapy is offered on an ongoing basis.
- Group program cycles (consisting of 6-10 weekly sessions each) are offered in the Winter, Spring, and Fall.
- All sessions are offered after school hours.
- Camps are also offered over March Break and Summer Vacation!

Please call for more information about upcoming sessions!

## Cost:

**Individual sessions:** \$50/half-an-hour \$80/hour

**Groups:** The cost for each group therapy program is different. Please contact us for more information.

Music therapist Bill Murray: bmurray@kidsAbilify.ca

