

present:

HOLLY MATHERS

Speaker and session facilitator
Registered Psychotherapist and mother of two



RESILIENCY WORKSHOP FOR PARENTS

Help your kids deal with... life.

TUESDAY,
APRIL 25, 2017
6:30 - 8:30 p.m.

free
babysitting
available



DRIFTWOOD PARK
PUBLIC SCHOOL
50
Parkland Cres
Kitchener

*Life can be hard, and it can be hard on our kids.
Join this free, interactive session to learn tips on how to solve
problems and help all kids cope with life's challenges.*



Holly Mathers is a Registered Psychotherapist at Hope for Families Counselling Centre (www.hopeforfamilies.net) in Kitchener where she assists individuals, couples and families with a variety of life issues, including parenting LGBTQ+, Autistic or special needs children. Holly has two children who are 11 years old and 4 months old.