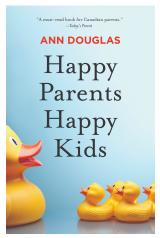
Moffat Creek P.S. School Council, in conjunction with Chalmers St. P.S., is proud to present a virtual seminar from parenting author

## ANN DOUGLAS

Wednesday, March 2, 2022

6:30 p.m.





Ann will speak about anxiety, how to calm yourself and your child, and ways to set the emotional tone for your family in difficult times.

Please contact moffatcreekcouncil@gmail.com if you are interested in attending (via Google Meet).