

Free
family
event

**GRAND RIVER
HOSPITAL**

your health, your hospital

Journey of Hope

with six-time olympian

Clara Hughes

Join Grand River Hospital and community partners as we party with Clara Hughes and talk about mental health.

Thursday, March 20th, 2014

6:30 - 9:00 p.m.

Bingemans Marshall Hall



**Clara's
Big Ride**



Let's talk about mental health

Visit: [www.grhosp.on.ca/
ClaraHughesParty](http://www.grhosp.on.ca/ClaraHughesParty)

 @GRHospitalKW

Angie Hill from KOOL FM
will host an evening of
family-friendly activities,
refreshments and more.

