## **Active Parenting of Teens, 3rd Edition**

(Created by Michael H. Popkin, Ph.D)



## Topics include:

- Communicating effectively with your teens
- Preventing the use of alcohol, tobacco and other drugs
- Disciplining while teaching responsibility
- Encouraging the development of self-esteem and character
- Redirecting misbehavior
- Encouraging nonviolent conflict resolution

Mondays April 9 - May 14th 6:30-8:30pm Calvary Church (back door) 173 Northumberland Street, Ayr, ON NOB 1E0 Cost: FREE





Please call 519-621-5090(Cambridge) or 519-623-9737(Ayr) to register. Deadline for registration is March 29th.