

**SOCIAL SCIENCES AND HUMANITIES**

Grade	Course	Type	Prerequisite	Course Details
10	HFN2OI Food and Nutrition	Open		Food and Nutrition is an introductory course that teaches students about healthy food choices, food marketing, healthy body image, and international and global food connections. In this course students will be provided with the opportunity to prepare food for day to day living. The course is enriched by a variety of activities including food preparation demonstrations and hands-on simulations.

Grade	Course	Type	Prerequisite	Course Details
11	HNC3CI Understanding Fashion*	College		This course introduces students to the world of fashion. Students will gain an understanding of theories related to fashion trends and of how culture, media, fashion cycles, retail, and social and environmental factors influence fashion trends and consumer behaviour. Students will use various tools, technologies, and techniques safely and correctly to create fashion items. They will apply knowledge of fibers, fabrics, and the elements and principles of design when creating and assessing fashion-related products. Materials such as patterns, fabrics and notions will be supplied, however, students may wish to purchase their own.
11	HPC 3OI Raising Healthy Children (0-6 years)	Open		Raising Healthy Children is an introductory course that focuses on the skills and knowledge that parents, guardians and caregivers need in caring for young children. Learning is centered on maternal health, pregnancy, birth and the early years of human development (birth to six years old). Students are given the opportunity to view a variety of media that will enhance the learning process, listen to guest speakers, as well as have the choice whether or not to have a practical experience using the Real Care Baby (infant simulator).
11	HSP3UI Introduction to Anthropology, Psychology, and Sociology	University	ENG2DI or CHC2DI	This course provides students with opportunities to think critically about theories, questions, and issues related to anthropology, psychology, and sociology. Students will develop an understanding of research methods used by social scientists. They will be given opportunities to explore theories from a variety of perspectives, to conduct social science research, and to become familiar with current thinking on a range of issues within the three disciplines.
11	HSP3CI Introduction to Anthropology, Psychology, and Sociology	College	ENG2PI or CHC2PI	This course introduces students to theories, questions, and issues related to anthropology, psychology, and sociology. Students learn about approaches and research methods used by social scientists. They will be given opportunities to apply theories from a variety of perspectives, to conduct social science research, and to become familiar with current issues within the three disciplines.

Grade	Course	Type	Prerequisite	Course Details
12	HFA 4CI Nutrition and Health	College	Any 'C or M' course in Social Sciences and Humanities, Canadian and World Studies or English	In grade 12 foods, students will investigate the role of nutrition in health and disease and assess strategies for promoting food security and environmental responsibility. Students will learn about healthy eating and expand their knowledge of food-preparation techniques and food choices. The course is enriched by a variety of activities including food preparation demonstrations and hands-on simulations.
12	HSB4UI Challenge and Change in Society	University/ College	Any 'U, M or C' course in Canadian and World Studies, English or Social Sciences and Humanities	This course focuses on the use of social science theories, perspectives, and methodologies to investigate and explain shifts in knowledge, attitudes, beliefs, and behaviour and their impact on society. Students will critically analyze how and why cultural, social, and behavioural patterns change over time. They will explore the ideas of social theorists to analyze the causes and responses to challenges such as technological change, deviance, and global inequalities. Students will explore ways in which social science research methods can be used to study social change.
12	HPD 4CI Working with School-Age Children and Adolescents (5-17 years old)	College	Any 'U, M or C' course in Social Sc & Humanities, Canadian and World Studies or English	This course prepares students for occupations working with school age children and adolescents (5-17 years old). Students will learn about child behaviour and development through guest speakers and current media material. They will also explore occupational opportunities and requirements related to working with older children and adolescents. If you are thinking about a career working with children, this course is for you!