

SPECIALIST HIGH SKILLS MAJOR - SPORT



What is SHSM?

- The **Specialist High Skills Major (SHSM)** is a specialized, ministry approved program that allows students to focus their learning on a specific economic sector while meeting the requirements of the Ontario Secondary School Diploma.
- Gives students an opportunity to take part in learning experiences outside of the classroom

What is SHSM?

- The SHSM programs assist students in their transition from secondary school to apprenticeship training, college, university, or the workplace, by giving HANDS ON Experience in a specific economic sector
- With successful completion of the program, you receive a special designation upon graduation

Why should I enroll in SHSM Sport?

- If you complete the program, you graduate with a Red Seal of Distinction on your Diploma
- Some University programs give entrance preference to SHSM Graduates
- University/College Bursaries and Scholarships for SHSM Grads (Brock U: \$500 with over 80%)
- Excellent Real World Experience that students can add to their resume



Summary of Components for the SHSM Sports

To Complete your SHSM, and earn your Red Seal, You must complete:

- Required Credits
- Certifications
- Sector Partner Experience (SPE)
- Experiential Learning and Career Activities
- Reach Ahead Experiences



Required Courses/Credits

- **Sports Major Credits** - Students must take 4 of these

Phys.Ed, Business, Law, Sciences, Comm Tech, Photography, etc. (can be more than one course from subject)

- **Other Required Credits** - 1 Sr Math, 1 Sr English, 1 other Business, Science (Social Science)

- **Two COOPERATIVE EDUCATION credits**

Certifications

- 1st Aid/Cpr Training
- WHMIS Training (COOP)
- 3 Elective Certifications (PLF4MI)



3 Elective Certifications

Examples of Certifications

- Event Planning (PLF Class)
- Fundamental Movement Skills (PLF/NCCCP)
- Leadership Skills (PLF)
- Activities with Special Needs participants (PLF)
- Sport Nutrition
- Officiating
- Wilderness Survival
- Many others



Sector Partner Experience

2019 - We helped Theater Articus build their youth and teen programs

2021 - Working with Rebuild Physiotherapy and Fitness to build brand awareness



REBUILD
FITNESS AND PHYSIOTHERAPY

Reach Ahead/Experiential Learning

Experiential Learning Activity: Raptors 905 game/Career Forum, Career exploration (job shadowing, workshops etc)

Reach Ahead Activity: Blue Jays Game, McMaster Leadership Program



SHSM at the Blue Jays



SHSM at the Blue Jays



SHSM at the Raptors 905



Altitude Leadership Program at McMaster University





Other Benefits to SHSM

- Free Under Armour T-Shirt
- Free Trips to the Raptors 905, Blue Jays, McMaster Altitude Program, Standard First Aid and CPR Training
- **COST TO THE STUDENT = \$ 0**



Frequently Asked Questions

When do I sign up?

- Grade 11 or 12, ideally at the start of Grade 11

How do I sign up?

- Make a Guidance Appointment, Speak to your guidance counselor

What Happens if I Sign up in Grade 11, and then realize I can't fit in all the credits in Grade 12?

- There is NO penalty for not finishing all the requirements. We appreciate communication and letting us know your change of plans so we can de-enroll you, our funding is based on Completion %

Any questions?

Email adrian_houwer@wrdsb.ca

Talk to a Phys.Ed Teacher

Or See your Guidance Counselor