

APRIL
12

From Dr Jen: Everyday I see a new blog, post, or article about the value of letting children fail, in practice this is much harder than it looks.

Are you unsure about when to protect your children and when to let them learn from failure? How do you support them through these valuable lessons? In my upcoming workshop I will cover this and many more techniques that help parents navigate these difficult questions and reduce the parenting struggle.



PARENTS REACHING OUT: AN EVENING OF HOT TOPICS PRESENTED BY SCHOOL COUNCIL

TRAFFIC/ PARKING LOT SAFETY AND KEYNOTE FEATURE:

“THE UMBRELLA EFFECT” W/ DR JEN FORRISTAL

Sandhills Public School April 12, 6:30 - 8:00pm

Join us for a community engagement night where we will get together to engage with important issues that impact us all on a daily basis. We will provide light snacks and refreshments, but also encourage you to bring a reusable container if you'd like to make use of our water bottle filling station. Infants and tots are welcome if accompanied by a guardian.

School aged children are welcome to attend a fun program brought to us by Stem Lab Robotics in the Library.

During this evening we will share our vision and plan for meaningful change to community school travel practices that will result in a safer school for all.

We will also have a feature presentation from Dr Jen Forristal on building resiliency in children and other helpful parenting strategies

PLEASE RSVP BY APR 10 ON EVENTBRITE:

WWW.EVENTBRITE.CA/E/THE-UMBRELLA-EFFECT-BUILDING-RESILIENCY-IN-OUR-KIDS-TICKETS-44610786062