



ADHD Community Workshop

Understanding ADHD in the Home,
School and Workplace

PRESENTERS:

Dr. Megan Smith, Ph.D. in Child Clinical and School Psychology, has worked with diverse client populations in community, outpatient, residential, and inpatient settings at Youthdale Treatment Centres, the Toronto District School Board, and in private practice.

Heidi Bernhardt RN, Founder, and President of CADDAC and past Executive Director of CADDRA, has over the past 25 years helped raise awareness and understanding of ADHD among parents, educators, health care professionals, industry leaders, and government officials through presentations, conferences, media interviews, and advocacy work.

COST: \$20:00 –Bring your own Lunch

For more Information and to Register

www.caddac.ca

Kitchener/Waterloo Workshop

Sunday Nov 25th
9am to 4pm

Rockway Community Centre
1405 King St E. Kitchener

This workshop is geared to:

- **Parents and Educators**
- **Adults and Adolescents with ADHD and their families**
- **Employers & HR**
- **Health and Medical Professionals**

Topics:

- Executive Functioning and ADHD: Keeping the Balls in the Air
- Self-Regulation and ADHD: From Chaos to Smoother Sailing
- ADHD Goes to School
- ADDventures at Home
- Understanding ADHD's Impact on Adult Relationships
- Understanding ADHD in the Workplace

Lunch Discussion on School Advocacy for those who wish to bring a packed lunch



CADDAC would like to thank our sponsor Shire Canada for generously supporting this educational event