## SUPPORTING YOUR TEEN THROUGH THE TRANSITION TO HIGH SCHOOL

An evening for all parents with an emphasis on students transitioning from Grade 8 to 9

- ♦ Stress and pressures faced by teens
- ♦ Understanding the developmental changes of adolescence
- ♦ Importance of connection, relationship & communication
- ♦ Parents' and School's role in promoting success
- ◆ Social pressures faced by teens
- ◆ Stress, anxiety & pressures of high school
- ◆ Supports in the school



Wednesday, April 8, 2015

7:00-8:15 pm

**EDSS Library** 

**Everyone Welcome** 



