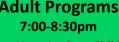
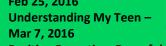
Adult Programs 7:00-8:30pm

- Parenting Your Anxious Child -Feb 15, 2016
- Meditation Group- Jan 21 to Feb 25, 2016
- Understanding My Teen Mar 7, 2016
- · Positive Parenting, Peaceful
- **Self Harm Jun 1, 2016**







- Families Apr 25, 2016
- **Understanding & Responding to**





March 2, 9, 23, 30 & Apr 6, 2016 6:30-8:00pm



GLAD TO BE ME

Self-Esteem Program Ages 4-7

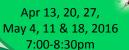
Oct 6 & Nov 26, 2015, Jan 14, Feb 18, Mar 31, Apr 28 & May 26, 2016 6:00-7:00pm



Growing Healthy Communities

PROTECTING THE GIRL IN ME

Social Skills Group Ages 12-13



SAFE (Self Abuse Finally Ends)



July 18-22, 2016 1:00-3:00pm

GAL PALS

NO NEED TO FRET

Group 1: Oct 21, 28, Nov 4, 11,

18 & 25, 2015

Group 2: Mar 10, 24 Apr 7, 21,

May 5, & 19, 2016

6:30-8:00pm

Childhood

Anxiety Group

Ages 7-10

Social Skills Group Ages 10-11

Jan 20, 27, Feb 3, 10, 17 & 24, 2016 6:30-8:00pm



