

ONTARIO STUDENT



FRESH THINKING HEALTHY EATING	ORDER FORM
PITA LUNCH DAY AT SCHOOL WILL BE ON: 1000 DEC	MON DEC
STUDENT'S NAME:	MUST BE RETURNED TO SCHOOL BY
TEACHER'S NAME:	ALONG WITH CASH OR CHEQUE (WITH
SCHOOL NAME: St. Tacobs P.S CHILD'S NAME ON BACK) MADE OUT TO:	CHILD'S NAME ON BACK) MADE
•	

LUNCH CONSISTS OF A 6-INCH PITA SANDWICH
[A Pita Pit Petit A"] ADDRESS:

Place a tick mark beside the pila and the sauce your child wants

Cross out ingredients your child doesn't want. See full Instructions below

INCLUDING TAX PRICE PER LUNCH

HAM Whole Wheat Petita TM Lethroe Nushrooms tomotoss Cucumbers Cucumbers Green Peppers Cheddar Cheese GHOOSE A SAUCE — A-Mussard — B- light Mayannoise	BLT Whole Wheat Pelita™ Whole Wheat Pelita™ Lethuce Nushrooms lonatoes Cucumbers Cucumbers Green Peppers Chaddar Cheese GHOOSE A SAUCE — A- Light Ronch — B- Light Mayonnaise
HUMMUS (VEGGIE) Which Wheat Pesita TM Leffuce Mushrooms tomathors Cucumbers Cucumbers Creediar Cheese Chediar Cheese Choost a sauce A- Honey Mustarid B- Light Mayonnaise	CHICKEN BREAST Whole Wheel Petha™ leffuce Mushrooms konctoes Cucumhers Cucumhers Cucumhers Cheese Choose A sauce A- Light Mayonnaise B- Light Caesar
TUNA Whole Wheat Pelita** Lettuce Nushrooms tomatoes Cucumbers Circumbers Chedder Cheese CHOOSE A SAUCE A- Light Mayonraise B- Special Sauce	CHICKEN SOUVLAKI Whole Wheat Petho TM lethrice Mushrooms formatices Cucumbers Cucumbers Cucumbers Choose A SAUCE A- tzazizki — A- Special Sauce
Whole Wheat PelitaTix Lettuce Austhrooms Aonabass Cucumbers Green Peppers GHOOSE A SAUCE A- Special Sauce B- Light Mayonnaise	GARDEN (VEGGIE) Whole Wheat Petitu The lettuce Mushrooms lematoes Cucumbers Green Pappers Cheddar Cheese GHOOSE ASUCE A- Honey Mustard — B- Special Sauce

INSTRUCTIONS: Complete this order form by the deadline shown at the top if you would like your payment, to your child's teacher. desired. If no sauce is selected, no souce will be applied. Return the completed form, along with make the appropriate selection on the order form by placing a lick mark to the left of the sauce toppings NOt crossed out will be included in the pita. It pitas have sauce options noted A & B selection(s). Crass out any ingredients your child doesn't want in his/her pita sandwich. (All your child to have a Pira Pit Lunch. Fill in your child's name, his/her teacher's name and lunch

WINCH WILL BE CATERED BY THE PITA PIT 315 Arthur St S, Elmira TEL 519-669-3333 C

Crass out ingredients your child doesn't want. See full instructions below Place a tick mark beside the pita and the source your child wants [A Pita Pit Petit A"] LUNCH CONSISTS OF A 6-INCH PITA SANDWICH PITA LUNCH DAY AT SCHOOL WILL BE ON: ADDRESS:

HEALTHY EATING

ONTARIO STUDENT

SCHOOL NAME: St. Tacobs P.S. CHILD'S NAME ON BACK) MADE OUT TO:	STUDENT'S NAME:	PITA LUNCH DAY AT SCHOOL WILL BE ON:
CHILD'S NAME ON BACK) MADE OUT TO:	MUST BE RETURNED TO SCHOOL BY THU 100 39 ALONG WITH CASH OR CHEQUE (WITH	MON DEC 12

· Jacobs

50,5

PRICE PER LUNCH

INCLUDING TAX:

	B- Special Souce	B- tight Mayonnoise	B Light /Mayonnoise
B- Light Mayonnaise	A- light Mayonnaise	A- Honey Mustord	A- Musland
— A Special Sauce	CHOOSE Y SYDCE	CHOOSE A SAUCE	CHOOSE Y SYNCE
CHOOSE A SAUCE	Cheddar Cheese	Cheddar Cheese	Checdor Cheese
Green Peppers	Green Pappers	Green Peppers	Green Peppers
Cucumbers	Cucumbers	Cucumbers	Cucumbers
lamalaes	lomoloes	lomatoes	tomaloes
Mushrooms	Mushrooms	Mushrooms	Mushrooms
Lettuce	Lettuce	Leituce	Lettuce
Whole Wheat Petits TH	Whole Wheal Pefita™	Whole Wheat Petita TM	Whole Wheat Petita™
TURKEY	ANUT	L HUMMUS (VEGGIE)	HAM
B- Special Sauce	B- Special Sauce	- B- Light Caesar	B- Light Mayonnaise
— A- Honey Mustard	— A. tzotziki	— A- Light Mayonnaise	A: Light Ranch
CHOOSE A SAUCE	CHOOSE A SAUCE	CHOOSE A SAUCE	CHOOSE A SAUCE
Cheddar Cheese	fela Cheese	Cheddar Cheese	Cheddor Cheese
Green Peppers	Green Peppers	Green Peppers	Green Peppers
Cucumbers	Cucumbers	Cucumbers	Cucumbers
tomatoes	tomatoes	Iomaloes	lomatoes
Mushrooms	Mushrooms	Mushrooms	Mushrooms
Lettuce	Lettuce	Lettuce	Lettuce
Whole Wheat Petito TM	Whole Wheat Petitons	Whole Wheat Petito Th	Whole Wheat Petila™
GARDEN (VEGGIE)	CHICKEN SOUVLAKE	CHICKEN BREAST	

desired, if no souce is selected, no souce will be applied. Return the completed form, along with your payment, to your child's teacher. INSTRUCTIONS: Camplete this order form by the deadline shown at the top if you would like your child to have a Pita Pit Lunch. Fill in your child's name, his/her teacher's name and funch make the appropriate selection on the order form by placing a tick mark to the left of the sauce toppings NOt crassed out will be included in the pita.) If pitas have sauce options noted A & B selection(s). Cross out any ingredients your child doesn't want in his/her pita sandwich. [All

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STUDENT'S NAME: TEACHER'S NAME:

PITA LUNCH DAY AT SCHOOL WILL BE ON:

SCHOOL NAME:

D

5001

ADDRESS:

ONTARIO STUDENT

HOOL BY:

TUNA Whole Wheat Petita** Lettuce Mushrooms lomatoes Cucumbers Cycumbers Chedra Cheese CHOOSE A SAUCE A- Light Mayonnaise B- Special Souce Light Mayonnaise Chedra Cheese CHOOSE A SAUCE CHOOSE A SAUCE A- Light Mayonnaise CHOOSE A SAUCE CH	CHICKEN SOUVLAK! Whole Wheat Petito™ lettuce Mushrooms Nomatoes Cucumbers Cucumbers Grann Peppers Feth Cheese CHOOSE A SAUCE A- Izatziki B- Special Sauce B- Special Sauce GARDEN (PEGIE) Whole Wheat Petito™ lettuce Mushrooms Nomatoes Cucumbers Cucumbers Crean Peppers Cheddar Cheese CHOOSE A SAUCE A- Honey Mustand B- Special Sauce	PRICE PER LUNCH INCLUDING TAX: \$ 5.00	ALONG WITH CASH OR CHEQUE (WITH CHILD'S NAME ON BACK) MADE OUT TO: St. Jacobs P.S.	ON: MON OFC 1	ORDER FORM
HAM Whole Wheat Pelita™ Lettuce Mushrooms Iomatoes Cucumbers Creen Peppers Checidar Cheese ahouse A sauce A-Mustard — B- Light Mayonnaise	BLT Whole Wheat Pelita Methocs Mushrooms tomatoes Cucambers Green Peppers Checidar Cheese A Light Ranch — B Light Mayonnaise	[A Pita Pit Petit A**] [A Pita Pit Petit A**] Place a fick mark beside it Cross and ingredients your	STUDENT'S NAME: TEACHER'S NAME: SCHOOL NAME: ADDRESS:		M FRESH THINKING
HUMMUS (VEGGIE) Whole Whylat Pelita Tax lettuce Mushroottis tomologis Cucyfibers Cucyfibers Gright Peppers Cheddar Cheese A+Honey Mustard B- Light Mayonnaise	CHICKEN BREAST Whole Wheat Perha TM lethuce Mushirooms Voratibes Cruumbbes Cheddar Cheese CHOOSE A SAUCE — A. Light Mayonnaise — B. Light Coesar	LUNCH CONSISTS OF A 6-INCH PITA SANDWICH [A Pita Pit Petit A**] Place a tick mark beside the pita and the sauce your child wants. Cross out ingredients your child doesn't want. See built instructions below		PITA LUNCH DAY AT SCHOOL WILL BE ON:	
TUNA Whole Wheat Petita** Lethice Mushrooms Iomales Cucumbers Cucumbers Cheddan/Cheese Chodst A wuct A- Light Mayonnaise B- Special Spuce	CHICKEN SOUVLAK! Wyche Wheer Festia™ Jeffuce Mushrooms Nomabes Cucumbers Giteen Peppers Felo Cheese CHOOSE A SAUCE A Izarziki B Special Sauce	PRICE PÉR LUNCH	ALONG WITH CAS	ON:	ONTARIO STUI ORDER F
TURKEY Whole Wheat Petria TM Lethuce Mushirooms tomatices Cruambers Cruambers Green Peppers Green Peppers Green Sauce A Special Sauce B Light Mayonnaise	GARDEN (VEGGIE) Whole Wheat Petita TM Leituce Mushrooms Iomalies Cucumbes Cucumbes Cheddar Cheese CHOOSE A SAUCE A- Honey Mushard B- Special Sauce	\$ 5.00	MUST BE RETURNED TO SCHOOL BY ALONG WITH CASH OR CHEQUE (WITH CHILD'S NAME ON BACK) MADE OUT TO:		ORDER FORN

Cross out ingredients your child doesn't want. See full instructions below

BLT Whole Wheat Petita™

BOURD lomalaes Mushrooms

lettuce

lomcloes Mushrooms Cucumbers

CHICKEN BREAST
Whole Wheat Petito TM

Cucumbers

Place a tick mark beside the pila and the sauce your child wants

[A Pita Pit Petit A"]

LUNCH CONSISTS OF A 6-INCH PITA SANDWICH

— B- Light Mayonnaise

A: Light Mayonnaise
 B: Light Caesar

CHOOSE A SAUCE Cheddar Cheese Green Pappers

A- Light Ranch CHOOSE A SAUCE Cheddar Cheese Green Pappers

MAH

HUMMUS (VEGGIE)

Whole Wheat Petta***

Whole Wheat PelitaTM

Green Peppers Cheddar Cheese

Green Peppers Cheddar Cheese

Cucumbers lonidioes Mushrooms Emce en

CHOOSE A SAUCE

Cucumbers tomatoes Mushrooms E TOTAL

B- Light Mayonnoise

A- Honey Mustard B- Light Mayonnaise

A- Musland CHOOSE A SAUCE

INSTRUCTIONS: Complete this order form by the deadline shown at the top if you would like your child to have a Pita Pit Lunch. Fill in your child's name, his/her teacher's name and lunch selection(s). Cross out any ingredients your child doesn't want in his/her pita sandwich. (All your payment, to your child's teacher. desired if no sauce is selected, no sauce will be applied. Return the completed form, along with make the appropriate selection on the order form by placing a tick mark to the left of the sauce toppings NOt crossed out will be included in the pita.) if pitas have sauce options noted A & B

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_TEL:<u>519-669-333</u>3

your payment, to your child's teacher.

toppings NOt crossed authwill be included in the pita. It is pitas tone sauce options noted A&B, make the appropriate selection on the order form by placing a tick mark to the left of the valce destried. If no souce is placed, no souce will be applied. Return the completed form, along half

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