

Hello Parents,

Since 1993 Lunch Lady been delivering an inclusive hot lunch program that is committed to the health and well being of all children including those with:

- Food allergies
- Cultural and Personal Food Preferences
- Food Challenges (picky eaters)

With so many options on our menus, there is sure to be something for everyone.

Here are a few favourites your child might enjoy. Most meals can be modified so everyone can enjoy them!



Smiling Shepherd's Pie



Cheese and Potato Perogies



Chicken Fingers with Rice & Corn

For more information on our commitment to food safety, health, provincial guidelines and the well being of our children, please go to thelunchlady.ca/welcome

To see menu choices and delivery dates at your school, please go to www.thelunchlady.ca ORDER NOW to register or login. Look for the "Feb to June" Menu in the Drop Down on the order page.

Thank you,

Your friendly Neighbourhood Lunch Lady Team