

OPTIMISM

JANUARY CHARACTER EDUCATION NEWSLETTER- VISTA HILLS P.S.

Vista Hills Hawks are Optimistic. We believe that good things can happen. We see the best in everyone and everything.

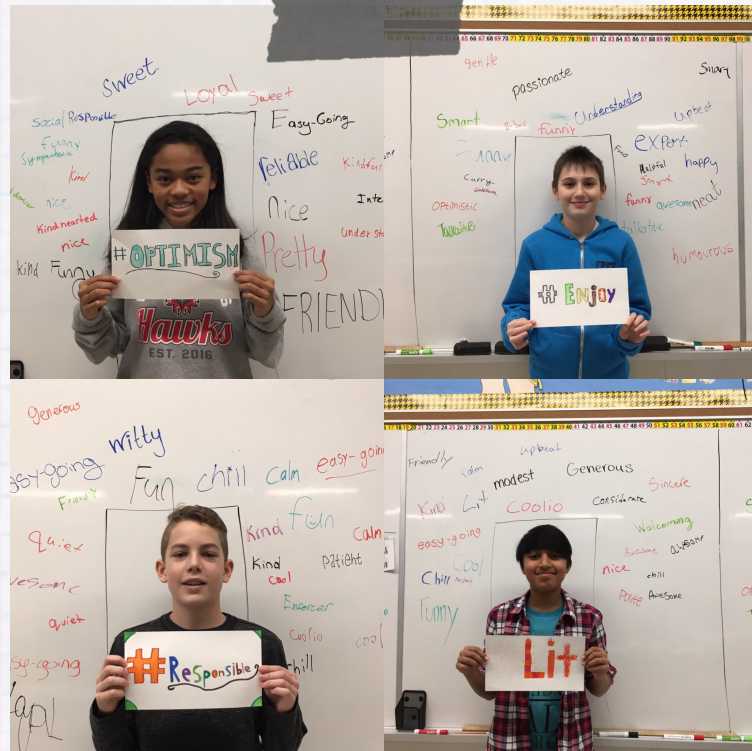
January is a time for reflection and goal setting. Believing that you can reach your goals and having a positive outlook is the first step in achieving amazing things! In 2017, we began the year focusing on how to be OPTIMISTIC. We offered many exciting opportunities for our students to talk about and understand this important quality.

We began the month with a flagpole meeting (inside due to the weather) and a fantastic assembly prepared by the students and teachers in Mme Capa, Mme Woodworth and Mme. Giannopoulos' classes.

Students learned how to use an optimistic outlook when using digital media as a learning tool.

If you are interested in learning more about how to foster optimism at home, please go to:

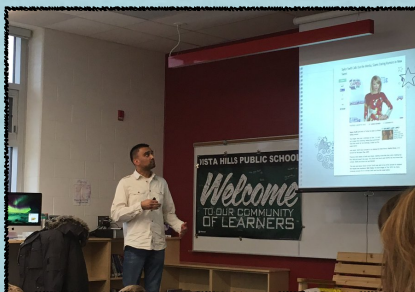
<http://bit.ly/2kkdDvE>



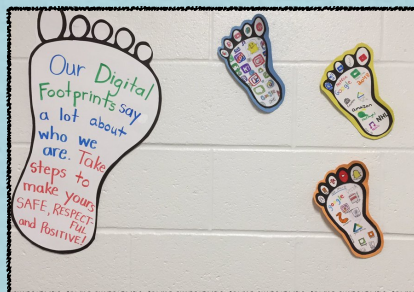
#oneword

If you could choose one word to describe your goals for 2017, what would it be? Mrs. Bumstead's grade 7 students shared their hopes for 2017 using one word! Living in a

world full of likes, hashtags, posts and emojis it was a perfect activity to instantly share who you hope to be in 2017!



Grades 4-7 students took part in a My Life Online workshop where they learned about how to be safe and successful online. Before you post, think...Is it True? Is it Kind? Is it You?



Thinking about online use in a positive way helps us represent ourselves in the best way possible. Our digital footprints show what apps and websites we use online. How can we ensure we put our best foot forward?



A few photos of our Optimism assembly held in early January. Awesome work Hawks, you showed us how to view any challenge as an opportunity for improvement!