

Rainbow Parenting

This series of four workshops is designed to address the unique challenges that may face the LGBTQ+ family. Within a positive and open environment, parents and caregivers will learn practical skills to:

- Encourage open communication
- Support and guide the emotional experiences of children and teens
- Provide positive structure and limits that will help kids flourish

Sessions will include a presentation of key parenting concepts as well as discussion and small group activity geared toward the specific theme of the workshop. Parents and caregivers will have the opportunity to connect, share resources and strategies, and learn from each other.

- Workshops are free and lunch will be provided
- Funding for babysitting and transportation is available upon request (ask at registration)
- All workshops will be held at KW Counselling Services, 480 Charles Street E, Kitchener

For LGBQ+ Parents/Caregivers who have children and/or teens

Saturday, April 2

10:00am – 2:30pm

For Parents/Caregivers who have LGBQ+ children and/or teens

Saturday, April 9

10:00am– 2:30pm

For Trans* Parents/Caregivers who have children and/or teens

Saturday, April 16

10:00am – 2:30pm

For Parents/Caregivers who have Gender Independent or Trans children and/or teens

Saturday, April 23

10:00AM – 2:30 p.m.

Register by phone at 519-884-0000 x248 or by email at <u>parenting@kwcounselling.com</u>





