

# VICES AND DEVICES

*An evening of information for parents, equipping us for conversations with our teens about cannabis use, vaping, and screen time.*

Teens today deal with many peer and social pressures. With the constant presence of cell phones, Chromebooks, and other technology, and the prevalence and pressures of cannabis use and vaping, how can we as parents be prepared to help our teens navigate these potentially harmful vices and devices?

The WCI School Council invites to you to the WCI library from 7-9pm on Wednesday, February 6th. Come and hear up-to-date information and research about teens and cannabis use, vaping, and screen time.

The evening will consist of 2 presentations:

1. Nursing and enforcement staff from **Region of Waterloo's Public Health Department** will discuss the health effects and enforcement issues around of cannabis use and vaping.
2. **Professor Marcel O'Gorman** of the University of Waterloo's Critical Media Lab, will present 'Digital Abstinence: Making Attention in a Digital World.' In this presentation, Marcel O'Gorman will discuss his research, art, and activism on the topic of "digital abstinence." His creative and cross-disciplinary approach to the issue of responsible device use will leave you with thoughts and tools to apply in your own lives.

**Wednesday February 6<sup>th</sup> 2019  
7-9pm Waterloo Collegiate  
Institute school library  
300 Hazel St., Waterloo**

