



Woolwich Counselling Centre Presents...



**A Self-Awareness Group for Girls
Ages 9-11**

In today's society, girls are forced to grow up too quickly. They struggle with understanding their emotions and friendships. They have difficulty making positive choices for themselves.

This group proactively assists girls to make healthy decisions, increase self-awareness, enhance assertiveness and encourage self-respect, promoting healthy peer relationships.

Biweekly Mondays

**Jan 12 & 26, Feb 9 & 23,
Mar 9 & 23, 2015**

6:30-8:00 pm

Fee: \$100



Please call 669-8651 for more information