



September 2023

Dear Parents/Guardians,

During this school year, an Occupational Therapist (OT) from KidsAbility Centre for Child Development will once again be working with teachers and students in our school.

OTs are regulated health professionals who focus on improving activities of daily living. An OT will be in our school on a regular basis to support teachers in our classrooms, gym, and playground. This support is available to all classrooms.

OTs may visit your child's classroom to observe. The OT may suggest universal (general) strategies to the classroom teachers that can be used by all students. This consultation and coaching might look at how to improve activities such as self-care skills (like dressing for recess), cutting with scissors, pencil grasp, printing, cursive writing, typing, ideas to help improve focus in the classroom (such as movement breaks), and participation in gym and on the playground. Your teacher may share ideas from the OT for you to try at home. The type of OT universal support offered may vary and will depend on the needs of the classroom.

Some students may benefit from more support from the OT. This may include working with the OT one-on-one or in a group at school. If your child may benefit from this individual support, your teacher will contact you to provide more information. You may also contact the teacher at any time if you feel your child might benefit from the OT working with them.

If you have any questions or concerns about this, please contact me or your child's teacher.

Sincerely,

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Principal

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School

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School Phone Number